



# Winter 2021-2022 **COMMUNITY GUIDE**

*revised January 10, 2022*



# Welcome to the Town of Westlock

## 2021-2022 Winter Community Guide!

Our community has responded to the COVID-19 pandemic with heart and has adapted to ever-changing measures, restrictions, and information overload. Thank you to our organization and our community for showing resilience and kindness as we continue to navigate through this pandemic.

As the season shifts into winter, we look forward to all those things that unite us and those activities that fill and strengthen our hearts.

We hope you enjoy the activities and events found within this guide and ask that you participate and support these opportunities. We will continue to follow all provincial provisions and measures as they are announced, so some details may change. Ensure you check the day before or the day of the event to be prepared for these programs. Any changes to planned programming will be updated within this guide and will be posted online.

So, bookmark our website at [www.westlock.ca](http://www.westlock.ca) and follow us on Facebook at [www.facebook.com/townofwestlock](https://www.facebook.com/townofwestlock).

The Town of Westlock is following the recommendations and directives from Alberta Health Services and the Government of Alberta in responding to the COVID-19 Pandemic.



[www.alberta.ca/coronavirus-info-for-albertans](http://www.alberta.ca/coronavirus-info-for-albertans)



[www.albertahealthservices.ca](http://www.albertahealthservices.ca)



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*revised January 10, 2022*

**PROGRAMMING MAY CHANGE**  
provincial COVID-19 measures and weather permitting





## Town of Westlock Contact Information

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**Town of Westlock (Town Hall)**  
**10003-106 Street Westlock, Alberta T7P 2K3**

**Phone: 780-349-4444 | Toll Free: 1-866-349-4445 | Fax: 780-349-4436 | [info@westlock.ca](mailto:info@westlock.ca) | [www.westlock.ca](http://www.westlock.ca)**

### Chief Administrative Officer

Simone Wiley, CAO 780-350-2100

The Chief Administrative Officer (CAO) for the municipality ensures that the policies and programs of the municipality are implemented. The CAO advises and informs Council on the municipality's operations while performing and exercising the duties, functions, and powers assigned through the *Municipal Government Act* and Council.

The Chief Administrative Officer also oversees Protective Services/ Fire Department and Emergency Management.

### Community Services

Gerry Murphy, Director 780-350-2115

The Community Services department is responsible for making available health and fitness opportunities in the town. The management of the recreation facilities, parks and trails within Westlock is provided by this department. Community Services also oversees Family Community Support Services (F.C.S.S) and the Community Bus.

Tracy Proulx,  
Westlock & District F.C.S.S. Executive Director  
780-349-5900

Community Assistance Bus  
780-349-9432

Travis Darling, Acting Spirit Centre Supervisor  
780-349-6654

Jasmine Ducharme, Acting Aquatic Centre Supervisor  
780-349-6677

### Finance

Julia Seppola, Director 780-350-2103

The Finance Department is responsible for budgeting, property tax, accounts receivable, accounts payable and utilities.

### Development Services

Krystle Fedoretz, Director 780-350-2111

Legislation information and requirements regarding land use, planning, and safety codes are available from the Planning and Development department. The department also includes business licenses, GIS and mapping, economic development and municipal enforcement services.

### Operations

Robin Benoit, Director 780-349-0237

For Operations on-call number, call 780-349-0178

Roadways, water, sanitary systems, and other town infrastructure is managed and maintained by the Operations department.

### Legislative Services

Annette Boissonnault, Municipal Clerk 780-350-2101

Legislative Services includes activities related to the custody and maintenance of bylaws, policies, corporate records, Council agendas and minutes, elections, and the administration of the Freedom of Information and Protection of Privacy Act (FOIP).

## Town of Westlock Emergency Contact Information

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**In the event of an emergency, call 9-1-1.**

### Fire & Rescue Services

Stuart Koflick, Fire Chief and Deputy Director  
of Emergency Management  
780-350-2114

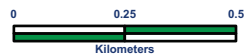
### Municipal Enforcement Services

Randy Burgess, Community Peace Officer  
780-350-2107

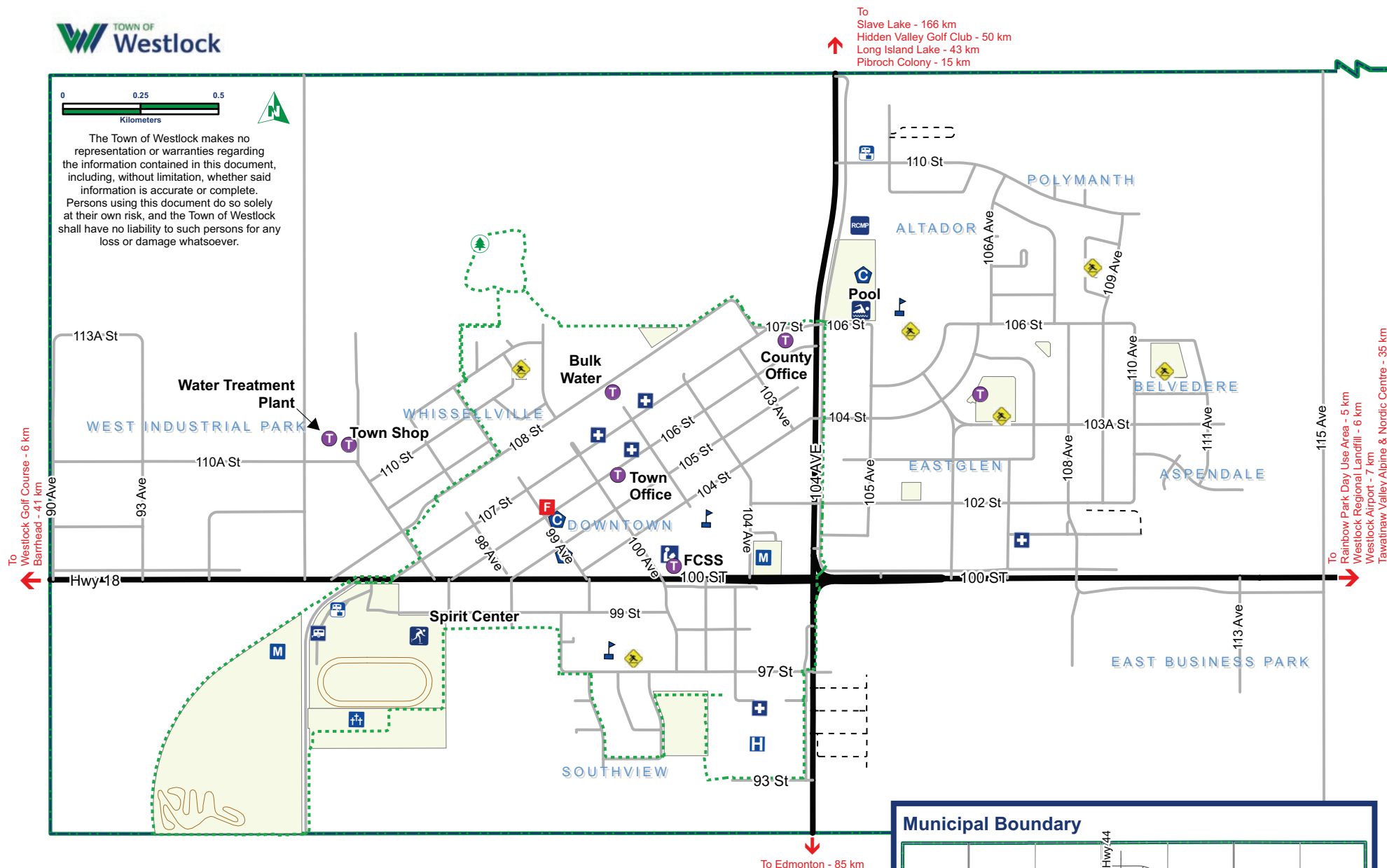
### Westlock RCMP

780-349-4492





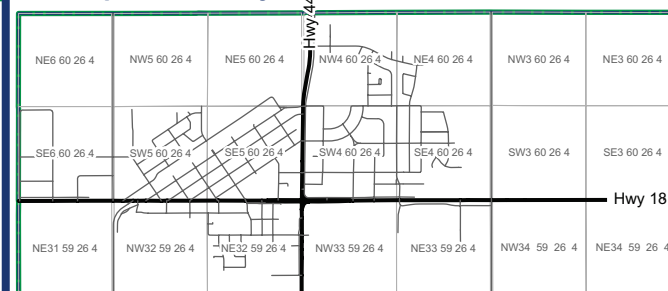
The Town of Westlock makes no representation or warranties regarding the information contained in this document, including, without limitation, whether said information is accurate or complete. Persons using this document do so solely at their own risk, and the Town of Westlock shall have no liability to such persons for any loss or damage whatsoever.



### Legend

	Campground		Library		RCMP Station		Highway
	Cemetery		Municipal		Sani-Dump		Town Road
	Community Hall		Museum		School		Private Road
	Fire Hall		Park		Spirit Centre		Parks
	Health		Playground		Racetrack		Municipal Boundary
	Hospital		Pool		Rotary Trail		

### Municipal Boundary



## Westlock & District FCSS

10007-100 Avenue, Westlock, AB

Phone: 780-349-5900



FCSS is a partnership between the Town of Westlock, Westlock County and Village of Clyde. Our services are available to all residents in those communities. We promote local-driven partnerships that encourages the community to strengthen and grow.

### General Information & Referral

FCSS is a community resource that provides information and/or makes referrals regarding local and external programs and services.

**Donations may be made in person or online [www.westlock.ca/p/fcss](http://www.westlock.ca/p/fcss).**

### Community Development

Learning opportunities are coordinated to support Non-Profit organizations in the areas of Board & Leadership Professional Development. Look for the Fall/Winter workshop series.

## Adults and Seniors Programs (year-round)



**Forms Assistance:** We can help complete forms for Provincial and Federal Income Support Programs:

- ✓ Alberta Seniors Benefits
- ✓ Special Needs Assistance for Seniors
- ✓ CPP
- ✓ Old Age Security



**Meals on Wheels:** In partnership with the Homeland Housing, volunteers deliver nutritional meals to seniors or disabled residents. Meals (minimal cost for each meal) are delivered Monday to Friday during the lunch hour.



**Home Support Services:** Home Support Workers are available to assist with routine housekeeping duties for individuals with disabilities, the elderly, the chronically ill, or those suffering from short-term illness. Fees apply.



**Volunteer Income Tax:** Volunteers assist low-income individuals, families, and seniors in Westlock and district with completing basic tax returns, at no cost.



**Seniors Welcome Package:** A welcome and information package is available for new seniors to the Westlock and district area.



**Keeping in Touch:** Connects the people in our community with others through a weekly telephone support system. Through Keeping In Touch, we can connect you with a friendly person to chat with they can help you find resources.



**Volunteer Driver:** On request and if available, volunteers will transport clients to medical appointments in Edmonton, St. Albert or Barrhead. A small fee is paid directly to the driver.

## Westlock & District FCSS

10007-100 Avenue, Westlock, AB

Phone: 780-349-5900

### Families and Youth Programs (year-round)



**Family School Liaison:** Family School Liaison workers are available in the schools to provide supportive counselling to children and their families experiencing difficulties, either at home or in school.



**Youth Outreach:** Providing one on one support to youth 16 to 21 years to help them set goals and develop life skills.



**Coats for Kids & Families:** Winter clothing (coats, boots, toques, mitts) donations for all ages are accepted and available to community residents.



**Caring for Kids & Families:** With community and business donations, FCSS coordinates the payment of emergency/extraordinary expenses for kids and families.



**Christmas Spirit:** This annual campaign is coordinated for community residents based on income levels. Information available in early November. Donations accepted year-round.



**WeCARE:** We believe that **C**ommunity **A**ctivities should **R**each **E**veryone and FCSS is building a committee to help facilitate that belief.

### Adult Programs

#### Information Sessions

#### Tuesday, November 2, 2021 - Wills

A basic introduction to Wills – covering what a will is for, why you should have one and important points to consider to get the most out of meeting with your lawyer.

#### Tuesday November 9, 2021 - Enduring Power of Attorney & Personal Directives

A basic introduction to Enduring Power of Attorneys and Personal Directives – understanding what these documents are, their legal effects and powers, why they are important, and how they can make elder care easier for your family.

**WHEN:** 6 to 7:30 p.m. **WHERE:** Westlock & District FCSS Boardroom

**FEE:** \$6/night or \$10/2 nights

**DETAIL:** 6 participants

**PRESENTER:** Elizabeth Forbes, Pembina Law Group

### SENIORS 55+ EVENTS

#### Card Making

#### October 15, 2021 - Card Making

Your session will guide you through, step-by-step on how to complete your version of making cards. You will take home a finished winter card to send out. Most of all enjoy your time socializing!

**WHEN:** 10 a.m. to 12 p.m. or 1:30 to 3:30 p.m.  
(only 10 people per class)

**WHERE:** Westlock & District FCSS Boardroom

**FEE:** \$10 per person

All materials will be provided! Must pre-register!

#### Seniors Coffee Time

#### Starting September 7, every Tuesday from 10 to 11:30

Coffee, light refreshment and great conversation!

**WHEN:** every Tuesday, 10 to 11:30 p.m.

**WHERE:** Westlock & District FCSS

### PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting



# Christmas Spirit Campaign



Westlock & District FCSS in partnership with local business, agencies and residents is again coordinating the Westlock & District Christmas Spirit Campaign for local residents in the Town of Westlock, Westlock County and Village of Clyde. Every year the goal is to run the campaign as a cost-recovery program. Families and individuals with qualifying income levels will be considered to receive food vouchers and gifts.

## How can you participate:

- By a financial donation at [Canadahelps.ca](http://Canadahelps.ca)
- Sponsor a family through the Adopt-a-Family Program
- Volunteer to prepare items for distribution
- Please contact Westlock & District FCSS for further information.

## To be eligible for this program:

- An application must be completed, signed, and returned to the FCSS office.
- A 2020 Tax Notice Assessment must be provided, reflecting income status.
- Families and individuals will be considered eligible by a referring agency using information including, but not limited to financial need, family size, etc.

Applications are BY APPOINTMENT ONLY between November 15 and December 10, 2021.

Applicants will be advised if approved, when and where pick up will occur.

## SAVE THE DATE

## Westlock & District FCSS Programming Coming Soon

*(watch the FCSS Facebook page and Town of Westlock Weekly Ad for more information on schedules for the following)*

- **COMPASS**  
a 6-week series giving insight to anyone in a caregiving role.
- **Income Tax Info Session**  
understanding why you file income tax, the benefits and your responsibilities.
- **Canada Revenue Agency Scams Session**  
how to recognize a scam, examples of fraudulent communications, how to protect yourself from identity theft, new COVID-19 scams.
- **Babysitter Safety**  
for youth 12 years and older, learn about the roles and responsibilities of being a babysitter.
- **Home Alone**  
for youth 10 years and older, become more comfortable and better prepared to be home by yourself.
- **Adulting 101 Courses**  
free sessions to help youth and young adults learn life skills and empowering them in the transition to adulthood with confidence.
- **Community Needs Assessment**  
participation from residents and agencies requested for this survey.
- **Snow Angels**  
providing volunteer snow shoveling services to seniors and persons with limited mobility/ chronic health conditions.
- **Seniors Bus Excursions**  
Look for details to follow on upcoming trips!



Watch our social media and webpage for details.  
Contact us at 780-349-5900





Welcome to...

# Westlock Libraries

westlocklibrary.ca

780-349-3060

#1 - 10007 100 Ave

Westlock AB T7P 2H5



More Than You Expect

## At Westlock Library you can.....

Get a FREE library card

Access FREE public computers/ Wi-Fi

Order materials (books/DVD/audio) from all over Alberta

Explore our e-Resources, free with a library card

Attend programs for adults, teens and children

## At Westlock Library Adult Literacy Program you can.....

Upgrade basic reading and writing skills

Access tutoring for adults for ELL (English Language Learning)

Prepare for GED

Receive help to increase your digital skills



**1 Bedroom & Studio Suites  
Available Now!**



**Call TODAY  
to Book a Tour!  
780.349.3600**



**Join our community & experience,  
safe, fun and carefree living!**

## Pembina Lodge

Seniors Community Living  
10247 104 Street, Westlock



**Ask about our  
move in incentive!**

## DO YOU KNOW WHEN TO CALL 9-1-1?

### CALL 9-1-1 IF:

- There's a fire
- Someone is very sick or unresponsive
- You see a crime happening, like a break-in or an assault
- You are in or see a motor vehicle collision

**Give the dispatcher as much information as  
you can, including location!**



*A message from the  
Town of Westlock Fire Department.*

10003-106 Street, Westlock, AB  
780-350-2114

## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

Hours: Monday to Friday  
7 a.m. to 9 p.m.

Saturday  
11 a.m. – 5 p.m.

Sunday  
12 to 5 p.m.

### Holiday Hours

November 11: Public Swim 12:00-5:00 p.m.

Christmas Hours: December 24, 25, 26 Closed

December 31 – Closed at 4 p.m.

January 1- Closed

### Facility Features

- Six Lane Swimming Pool with Climbing Wall
- Zero Depth Splash Park Area
- Rope
- Hot Tub
- Steam Room
- Virtual Rec Room (sport simulator & game console hook up)
- Squash and Racquetball Court
- Weight Room
- All Purpose Room
- Locker Room

Visit [www.westlock.ca](http://www.westlock.ca) for pool schedules

**\*Please note schedules are subject to change without notice.\***

**SAVE THE DATES!**  
**SWIMMING LESSONS**  
**REGISTRATION**

### Fall Registration Opens: October 12, 2021

Fall set will run the  
following dates:

October 19 (Tuesday), 20  
(Wednesday), 23 (Saturday)  
– December 7 (Tuesday), 8  
(Wednesday), 11 (Saturday)

### Winter Registration Opens: January 5, 2022

Winter set will run the  
following dates:

January 18 (Tuesday), 19  
(Wednesday), 22 (Saturday)  
– February 22 (Tuesday), 23  
(Wednesday), 26 (Saturday)

### Spring Registration Opens: April 6, 2022

Spring set will run the  
following dates:

April 19 (Tuesday), 20  
(Wednesday), 23 (Saturday)  
– June 7 (Tuesday), June  
8 (Wednesday), June 11  
(Saturday)

***We have a new WIBIT available for rent for private rentals!***



**Rental price is: \$100 + GST on top of the pool rental fee for a minimum of 2 hours rental time.**

***We will also be putting the WIBIT in the water for some public swims.***

***Watch our Facebook page for announcements.***  
***[www.facebook.com/westlockaquaticcenter](https://www.facebook.com/westlockaquaticcenter)***

## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

### Rates and Admissions

All drop-in admission rates, facility rental rates and membership pass fees are outlined in the Fees & Rates Bylaw.

#### Child (3 to 14 years)

- Day Pass \$4.00
- 10x Pass \$36.00
- 1 Month Pass \$32.00
- Annual Pass \$248.00

#### Youth (15 to 17 years) / Student (18+ with a valid student ID)

- Day Pass \$5.50
- 10x Pass \$49.50
- 1 Month Pass \$44.00
- Annual Pass \$352.45

#### Adult (18 years to 59 years)

- Day Pass \$8.00
- 10x Pass \$72.00
- 1 Month Pass \$64.00
- Annual Pass \$496.00

#### Senior (60+ years)

- Day Pass \$6.20
- 10x Pass \$55.80
- 1 Month Pass \$49.60
- Annual Pass \$384.40

#### Family

- Day Pass \$17.50
- 10x Pass \$157.50
- 1 Month Pass \$140.00
- Annual Pass \$1,085.00

#### Swim Lessons

- Parent & Tot  
\$48.65/lesson/child
- Swim Kids Levels 1 - 4  
\$54.05/lesson/child
- Swim Kids Levels 5 - 6  
\$59.50/lesson/child
- Swim School Lessons (per student)  
\$33.50/lesson
- Private Lessons  
\$22.70/half hour
- Adult Swim Lessons  
\$59.50/lesson/adult

#### Details on passes

- Day Pass
- Drop-in
- 10x Pass
  - 10 full-day visits for the price of 9, does not expire
- 1 Month Pass
  - Unlimited access for one month expires one month after the date of purchase. After 9 visits, you are accessing the facility at no cost.
- 3 Month Pass
  - Unlimited access for three months expires three months after the date of purchase. After 24 visits, you are accessing the facility at no cost.
- Annual Pass
  - For regular users, this pass gives you unlimited individual admissions and expires 1 year after the date of purchase.
- Family Rate
  - Two adults and unlimited children living in the same household and using the facility at the same time. A child is anyone 18 years old or younger, or a student under the age of 24 with a valid student ID.

\*all prices are subject to change without notice



### Private Swimming Lessons

Private Swimming lessons for both adults and youth run weekly but do fill up fast. Please contact the Westlock Aquatic Centre to book your private lessons today!

## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

### PARENT AND TOTS

**COST: \$48.65**

The Parent & Tot Program structures in-water interaction between parent and child to stress the importance of play in developing water-positive attitudes and skills. Activities and progressions are based on child development, so parents register in the level appropriate for their child's age. Lifesaving Society Water Smart® education complements skill learning.

Swim for Life – Parent and Tot 1	
4 months - 1 year	Designed for the 4 to 12-month-old to learn to enjoy the water with the parent.
Swim for Life – Parent and Tot 2	
1 year - 2 years	Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.
Swim for Life – Parent and Tot 3	
2 years - 3 years	Designed for the 2 to 3-year-old to learn to enjoy the water with the parent.

Swim for Life - Parent & Tot		
Designed for the toddler to learn to enjoy the water with the parent. Lifesaving Society Water Smart® education complements skill learning.		
Level	Dates	Times
4 months – 2 years		
FALL 2021		
Parent and Tot 2/3	October 19, 26, November 2, 9, 16, 23, 30, December 7	6:00 to 6:30 p.m.
Parent and Tot 1	October 20, 27, November 3, 10, 17, 24, December 1, 8	4:00 to 4:30 p.m.
Parent and Tot 2/3	October 23, 30, November 6, 13, 20, 27, December 4, 11	9:00 to 9:30 a.m.
WINTER 2022		
Parent and Tot 2	January 18, 25, February 1, 8, 15, 22	4:50 to 5:20 p.m.
Parent and Tot 3	January 19, 26, February 2, 9, 16, 23	4:00 to 4:30 p.m.
Parent and Tot 1	January 22, 29, February 5, 12, 19, 26	9:35 to 10:05 a.m.
SPRING 2022		
Parent and Tot 1	April 19, 26, May 3, 10, 17, 24, 31, June 7	4:00 to 4:30 p.m.
Parent and Tot 2/3	April 20, 27, May 4, 11, 18, 25, June 1, 8	4:50 to 5:20 p.m.
Parent and Tot 1	April 23, 30, May 7, 14, 21, 28, June 4, 11	9:00 to 9:30 a.m.

### PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting



## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

### PRESCHOOL LEVELS 1 - 5

**COST: \$48.65**

The Preschool Program gives children a head start on learning to swim. Preschool Programs develop fundamental physical literacy skills for aquatic activities.

In our preschool program we work to ensure 3 - 5 year olds become comfortable in the water and have fun developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

#### Swim for Life – Preschool Level 1

These preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back while wearing lifejackets. They will also learn to get their faces wet and blow bubbles underwater.

#### Swim for Life – Preschool Level 2

These preschoolers learn to jump into chest-deep water by themselves and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. They will also be introduced to rollovers, glides and flutter kicks all while wearing lifejackets.

#### Swim for Life – Preschool 3

These youngsters will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom of waist deep water. They'll work on kicking and gliding through the water on their front and back.

#### Swim for Life – Preschool Level 4

Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a lifejacket and gliding and kicking on their side. New challenges such as pendulum rollovers onto the back and treading of water using the sculling action with hands are presented at this level.

#### Swim for Life – Preschool 5

These skilled preschoolers will demonstrate that they can support themselves in deep water for 10 seconds using the sculling action and a supportive kick. Wearing a lifejacket, they will practice a forward roll entry into deep water. Whip kick, back crawl and interval training will also be introduced. Preschool 5 graduates will be prepared to enter Swimmer 1 at 5 years of age.

**SAVE THE DATES!**

**SWIMMING LESSONS  
REGISTRATION**

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Winter set will run the following dates:  
January 18 (Tuesday), 19 (Wednesday), 22 (Saturday) – February 22 (Tuesday), 23 (Wednesday), 26 (Saturday)

#### Spring Registration Opens: April 6, 2022

Spring set will run the following dates:  
April 19 (Tuesday), 20 (Wednesday), 23 (Saturday) – June 7 (Tuesday), June 8 (Wednesday), June 11 (Saturday)

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Preschool levels 1 - 5			
FALL 2021	Level	Dates	Times
	Preschool 1	October 19, 26, November 2, 9, 16, 23, 30, December 7	4:35 to 5:05 p.m.
	Preschool 1	October 19, 26, November 2, 9, 16, 23, 30, December 7	5:25 to 5:55 p.m.
	Preschool 2	October 19, 26, November 2, 9, 16, 23, 30, December 7	6:00 to 6:30 p.m.
	Preschool 3	October 19, 26, November 2, 9, 16, 23, 30, December 7	4:00 to 4:30 p.m.
	Preschool 1	October 20, 27, November 3, 10, 17, 24, December 1, 8	4:00 to 4:30 p.m.
	Preschool 2	October 20, 27, November 3, 10, 17, 24, December 1, 8	5:25 to 5:55 p.m.
	Preschool 4/5	October 20, 27, November 3, 10, 17, 24, December 1, 8	4:50 to 5:20 p.m.
	Preschool 1	October 23, 30, November 6, 13, 20, 27, December 4, 11	9:00 to 9:30 a.m.
	Preschool 2	October 23, 30, November 6, 13, 20, 27, December 4, 11	9:35 to 10:05 a.m.
	Preschool 3	October 23, 30, November 6, 13, 20, 27, December 4, 11	10:10 to 10:40 a.m.
WINTER 2022	Level	Dates	Times
	Preschool 1	January 18, 25, February 1, 8, 15, 22	4:00 to 4:30 p.m.
	Preschool 2	January 18, 25, February 1, 8, 15, 22	5:25 to 5:55 p.m.
	Preschool 4/5	January 18, 25, February 1, 8, 15, 22	4:35 to 5:05 p.m.
	Preschool 1	January 19, 26, February 2, 9, 16, 23	4:50 to 5:20 p.m.
	Preschool 2	January 19, 26, February 2, 9, 16, 23	5:25 to 5:55 p.m.
	Preschool 3	January 19, 26, February 2, 9, 16, 23	4:00 to 4:30 p.m.
	Preschool 4/5	January 19, 26, February 2, 9, 16, 23	5:25 to 5:55 p.m.
	Preschool 1	January 22, 29, February 5, 12, 19, 26	9:00 to 9:30 a.m.
	Preschool 2	January 22, 29, February 5, 12, 19, 26	10:25 to 10:55 a.m.
	Preschool 3	January 22, 29, February 5, 12, 19, 26	9:50 to 10:20 a.m.

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Preschool levels 1 - 5			
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	Preschool 2	April 19, 26, May 3, 10, 17, 24, 31, June 7	5:25 to 5:55 p.m.
	Preschool 3	April 19, 26, May 3, 10, 17, 24, 31, June 7	6:00 to 6:30 p.m.
	Preschool 2	April 20, 27, May 4, 11, 18, 25, June 1, 8	4:00 to 4:30 p.m.
	Preschool 4/5	April 20, 27, May 4, 11, 18, 25, June 1, 8	5:25 to 5:55 p.m.
	Preschool 1	April 20, 27, May 4, 11, 18, 25, June 1, 8	5:25 to 5:55 p.m.
	Preschool 3	April 20, 27, May 4, 11, 18, 25, June 1, 8	6:00 to 6:30 p.m.
	Preschool 3	April 23, 30, May 7, 14, 21, 28, June 4, 11	9:00 to 9:30 a.m.
	Preschool 2	April 23, 30, May 7, 14, 21, 28, June 4, 11	9:50 to 10:20 a.m.



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**SWIMMING LESSONS**  
**REGISTRATION**

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Phone: 780-349-6677

**SWIMMER LEVELS: SWIMMER 1 - 4**

**COST: \$54.05**

**SWIMMER 5 - 6**

**COST: \$59.50**

The Swimmer Program makes sure children learn the fundamental physical literacy skills for aquatic activities. Progressions accommodate 5 - 12 year olds, including beginners and swimmers who want to build on the basics.

Lots of in-water practice develops solid swimming strokes and skills. Water Smart® education is part of every level.

### Swimmer 1

This level is the foundation for swimming skill development. These beginners will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

### Swimmer 2

These advanced beginners will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

### Swimmer 3

These junior swimmers will dive and do in-water front somersaults and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

### Swimmer 4

These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

### Swimmer 5

These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.

### Swimmer 6

These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, working their way up to the 300m workout swim.

## PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting



## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

Swimmer Levels			
Level	Dates		Times
FALL 2021	Swimmer 1	October 19, 26, November 2, 9, 16, 23, 30, December 7	4:00 to 4:30 p.m.
	Swimmer 1	October 19, 26, November 2, 9, 16, 23, 30, December 7	5:25 to 5:55 p.m.
	Swimmer 2	October 19, 26, November 2, 9, 16, 23, 30, December 7	4:50 to 5:20 p.m.
	Swimmer 3	October 19, 26, November 2, 9, 16, 23, 30, December 7	6:00 to 6:30 p.m.
	Swimmer 4	October 19, 26, November 2, 9, 16, 23, 30, December 7	5:10 to 5:55 p.m.
	Swimmer 5/6	October 19, 26, November 2, 9, 16, 23, 30, December 7	4:00 to 4:45 p.m.
	Swimmer 1	October 20, 27, November 3, 10, 17, 24, December 1, 8	4:35 to 5:05 p.m.
	Swimmer 1	October 20, 27, November 3, 10, 17, 24, December 1, 8	6:00 to 6:30 p.m.
	Swimmer 2	October 20, 27, November 3, 10, 17, 24, December 1, 8	5:25 to 5:55 p.m.
	Swimmer 3	October 20, 27, November 3, 10, 17, 24, December 1, 8	5:10 to 5:40 p.m.
	Swimmer 5/6	October 20, 27, November 3, 10, 17, 24, December 1, 8	4:35 to 5:20 p.m.
	Swimmer 1	October 23, 30, November 6, 13, 20, 27, December 4, 11	9:35 to 10:05 a.m.
	Swimmer 2	October 23, 30, November 6, 13, 20, 27, December 4, 11	9:00 to 9:30 a.m.
	Swimmer 3	October 23, 30, November 6, 13, 20, 27, December 4, 11	10:25 to 10:55 a.m.
	Swimmer 4	October 23, 30, November 6, 13, 20, 27, December 4, 11	10:10 to 10:55 a.m.
	Swimmer 5/6	October 23, 30, November 6, 13, 20, 27, December 4, 11	9:35 to 10:20 a.m.

**SAVE THE DATES!**  
**SWIMMING LESSONS**  
**REGISTRATION**

### Fall Registration Opens: October 12, 2021

Fall set will run the following dates:  
October 19 (Tuesday), 20 (Wednesday), 23 (Saturday) – December 7 (Tuesday), 8 (Wednesday), 11 (Saturday)

### Winter Registration Opens: January 5, 2022

Winter set will run the following dates:  
January 18 (Tuesday), 19 (Wednesday), 22 (Saturday) – February 22 (Tuesday), 23 (Wednesday), 26 (Saturday)

### Spring Registration Opens: April 6, 2022

Spring set will run the following dates:  
April 19 (Tuesday), 20 (Wednesday), 23 (Saturday) – June 7 (Tuesday), June 8 (Wednesday), June 11 (Saturday)

## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

Swimmer Levels			
	Level	Dates	Times
WINTER 2022	Swimmer 1	January 18, 25, February 1, 8, 15, 22	4:00 to 4:30 p.m.
	Swimmer 4	January 18, 25, February 1, 8, 15, 22	4:00 to 4:45 p.m..
	Swimmer 3	January 18, 25, February 1, 8, 15, 22	5:10 to 5:40 p.m.
	Swimmer 2	January 18, 25, February 1, 8, 15, 22	5:25 to 5:55 p.m.
	Swimmer 1	January 18, 25, February 1, 8, 15, 22	6:00 to 6:30 p.m.
	Swimmer 3	January 19, 26, February 2, 9, 16, 23	4:00 to 4:30 p.m.
	Swimmer 2	January 19, 26, February 2, 9, 16, 23	4:35 to 5:05 p.m.
	Swimmer 1	January 19, 26, February 2, 9, 16, 23	6:00 to 6:30 p.m.
	Swimmer 3	January 22, 29, February 5, 12, 19, 26	9:00 to 9:30 a.m.
	Swimmer 5/6	January 22, 29, February 5, 12, 19, 26	9:00 to 9:45 a.m.
	Swimmer 1	January 22, 29, February 5, 12, 19, 26	9:35 to 10:05 a.m.
	Swimmer 2	January 22, 29, February 5, 12, 19, 26	10:10 to 10:40 a.m.



### PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

Swimmer Levels			
SPRING 2022	Level	Dates	Times
	Swimmer 1	April 19, 26, May 3, 10, 17, 24, 31, June 7	4:35 to 5:05 p.m.
	Swimmer 5/6	April 19, 26, May 3, 10, 17, 24, 31, June 7	4:35 to 5:20 p.m.
	Swimmer 4	April 19, 26, May 3, 10, 17, 24, 31, June 7	5:10 to 5:55 p.m.
	Swimmer 2	April 19, 26, May 3, 10, 17, 24, 31, June 7	5:25 to 5:55 p.m.
	Swimmer 3	April 19, 26, May 3, 10, 17, 24, 31, June 7	6:00 to 6:30 p.m.
	Swimmer 2	April 20, 27, May 4, 11, 18, 25, June 1, 8	4:00 to 4:30 p.m.
	Swimmer 1	April 20, 27, May 4, 11, 18, 25, June 1, 8	4:35 to 5:05 p.m.
	Swimmer 4	April 20, 27, May 4, 11, 18, 25, June 1, 8	4:35 to 5:20 p.m.
	Swimmer 5/6	April 20, 27, May 4, 11, 18, 25, June 1, 8	5:10 to 5:55 p.m.
	Swimmer 3	April 20, 27, May 4, 11, 18, 25, June 1, 8	6:00 to 6:30 p.m.
	Swimmer 4	April 23, 30, May 7, 14, 21, 28, June 4, 11	9:00 to 9:45 a.m.
	Swimmer 1	April 23, 30, May 7, 14, 21, 28, June 4, 11	9:35 to 10:05 a.m.
	Swimmer 5/6	April 23, 30, May 7, 14, 21, 28, June 4, 11	9:35 to 10:20 a.m.
	Swimmer 3	April 23, 30, May 7, 14, 21, 28, June 4, 11	10:25 to 10:55 a.m.



### Fall Registration Opens: October 12, 2021

Fall set will run the following dates:  
October 19 (Tuesday), 20 (Wednesday), 23 (Saturday)  
– December 7 (Tuesday), 8 (Wednesday), 11 (Saturday)

### Winter Registration Opens: January 5, 2022

Winter set will run the following dates:  
January 18 (Tuesday), 19 (Wednesday), 22 (Saturday)  
– February 22 (Tuesday), 23 (Wednesday), 26 (Saturday)

### Spring Registration Opens: April 6, 2022

Spring set will run the following dates:  
April 19 (Tuesday), 20 (Wednesday), 23 (Saturday)  
– June 7 (Tuesday), June 8 (Wednesday), June 11 (Saturday)

## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

### SWIM PATROL: ROOKIE/RANGER/STAR

**COST: \$59.50**

The Swim Patrol levels provides enriched training for those who are ready to go beyond learn-to-swim. Swim Patrol's three levels - Rookie, Ranger, and Star - continue to develop participants' swim strokes and provide the skill foundation that prepares them for success in the Society's Bronze medal awards.

Rookie/Ranger/Star			
FALL 2021	Level	Dates	Times
	Rookie Patrol	October 19, 26, November 2, 9, 16, 23, 30, December 7	4:35 to 5:20 p.m.
	Ranger Patrol	October 20, 27, November 3, 10, 17, 24, December 1, 8	4:00 to 4:45 p.m.
WINTER 2022	Level	Dates	Times
	Star Patrol	January 18, 25, February 1, 8, 15, 22	4:35 to 5:20 p.m.
	Rookie/Ranger	January 19, 26, February 2, 9, 16, 23	4:35 to 5:20 p.m.
	Swimmer 4	January 22, 29, February 5, 12, 19, 26	10:10 to 10:55 a.m.
SPRING 2022	Level	Dates	Times
	Rookie Patrol	April 19, 26, May 3, 10, 17, 24, 31, June 7	4:00 to 4:45 p.m.
	Ranger Patrol	April 20, 27, Mar 4, 11, 18, 25, June 1, 8	4:00 to 4:45 p.m.



### PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting



## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

### SWIM FOR LIFE: ADULT

**COST: \$59.50**

Whether you're just starting out or just want help with your strokes, our Adult program is for the young at heart - no matter your age. Within the Adult Swimmer curriculum, participants set their own goals to develop water confidence and smooth, recognizable strokes. Water Smart® education is part of all levels. Work with certified instructors to learn to swim or improve your current swimming ability and water fitness.

Swim for Life: Adult			
FALL 2021	Level	Dates	Times
	Adult	October 20, 27, November 3, 10, 17, 24, December 1, 8	5:45 to 6:30 p.m.
SPRING 2022	Level	Dates	Times
	Adult	April 23, 30, May 7, 14, 21, 28, June 4, 11	10:10 to 10:55 a.m.

**SAVE THE DATES!**  
**SWIMMING LESSONS**  
**REGISTRATION**

#### Fall Registration Opens: October 12, 2021

Fall set will run the following dates:  
October 19 (Tuesday), 20 (Wednesday), 23 (Saturday) – December 7 (Tuesday), 8 (Wednesday), 11 (Saturday)

#### Winter Registration Opens: January 5, 2022

Winter set will run the following dates:  
January 18 (Tuesday), 19 (Wednesday), 22 (Saturday) – February 22 (Tuesday), 23 (Wednesday), 26 (Saturday)

#### Spring Registration Opens: April 6, 2022

Spring set will run the following dates:  
April 19 (Tuesday), 20 (Wednesday), 23 (Saturday) – June 7 (Tuesday), June 8 (Wednesday), June 11 (Saturday)

## Westlock Aquatic Centre

10605 104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

### JUNIOR LIFEGUARD TRAINING

**COST: \$100.00**

The Junior Lifeguard Club (JLC) offers serious fun for kids 8 years and up who can swim at least 25m and tread water for 2 minutes. The Jr. Lifeguard Club provides an action-packed challenge for kids who love the water but who want more than "lessons." The Junior Lifeguard Club keeps kids interested and active in aquatics - especially quick learners and those caught between levels. The Junior Lifeguard Club is perfect for youth who thrive in an energetic learning environment.

Junior Lifeguard Club		
	Dates	Times
FALL 2021	October 18, 21, 25, 28, November 1, 4, 8, 15, 18, 22, 25, 29, December 2, 6, 9, 13	4:00 to 5:00 p.m.
	Dates	Times
WINTER 2022	January 17, 20, 24, 27, 31, February 3, 7, 10, 14, 17, 24, 28, March 3, 7, 10, 14	4:00 to 5:00 p.m.
	Dates	Times
SPRING 2022	April 21, 25, 28, May 2, 5, 9, 12, 16, 19, 23, 26, 30, June 2, 6, 9, 13	4:00 to 5:00 p.m.

**Leadership courses: Bronze Medallion, Bronze Cross, NL, LSI dates and times to be determined**



### ***AQUAFIT***

Enjoy a workout that is invigorating and refreshing, yet low impact. This class combines cardiovascular fitness and muscle strength to provide you with an enjoyable workout. Suitable for all ages and fitness levels.

### ***JOIN US EVERY***

**Monday, Tuesday, Wednesday, and Friday  
9 to 10 a.m.**

### **PROGRAMMING MAY CHANGE**

provincial COVID-19 measures and weather permitting



**Save the Dates!**  
**Westlock Aquatic Centre**  
10605 104 Avenue, Westlock, AB, T7P 2E5  
Phone: 780-349-6677

## **Haunted Public Swim**

October 29 4:00 to 8:00 p.m.

## **Haunted Teen Night**

October 29 8:00 to 10:00 p.m.

Watch our social media  
for more information!





Did you know we have a  
**VIRTUAL REC ROOM**  
at the Westlock Aquatic Centre!

**START GAME**

1 PLAYER  
▶ **2 PLAYERS** ◀

The game simulator is equipped with golf, soccer, baseball, and zombie dodgeball.

Or bring in your own game console for a theatre-style gaming/movie experience.

For more information or to book your time slot, call us today  
**780-349-6677!**

## GENERAL FACILITY RULES & REGULATIONS

### Westlock Aquatic Centre and Westlock Rotary Spirit Centre

**Footwear** – Only indoor, non-marking shoes will be permitted. No hiking boots, dress shoes, flip flops, open toes or socks will be permitted.

**Food & Drink** – No Food or Drink is permitted in the Field House, Weight Rooms, Court Areas, Pool or Pool Deck or Walking Track. Water is the only exception, but it must be in a sealed bottle with a lid.

#### Age Restrictions

**Pool** – Those 7 years old & younger must be accompanied by a person 15 years old or older AT ALL TIMES

**Weight Rooms** – Must be 14 years old or older for full use of Weight Room areas. Those 12 & 13 years old may use the Cardio Equipment ONLY but MUST be supervised by an adult AT ALL TIMES

**Field House** – Those 8 years old & younger must be accompanied by a person 14 years old or older AT ALL TIMES

**Arena** – Those 8 years old & younger must be accompanied by a person 14 years old or older AT ALL TIMES

**Squash/Racquetball Courts** – Must be 12 years old or older.

**Medical Holds** Passes can be put on hold for medical reasons for a maximum of 1 month; a written statement/form from your physician is required.

#### Equipment Rental

The use of our sporting equipment is FREE with a paid Full Facility Pass or day admission during drop-in leisure times. We do however require that you leave an item as a deposit for the equipment taken i.e., driver's license, car keys, etc. Please treat our equipment with respect to help ensure this service will remain in place for all users to come. If you require a lock, they can be rented for \$0.75 and requires a deposit. This service is complimentary for Pass Holders.

#### Facility Bookings

If interested in renting one of our facilities for a private function, please call the facility that you are interested in booking for pricing and availability information.

The Westlock Rotary Spirit Centre can be reached by phone at 780-349-6654 and the Westlock Aquatic Centre can be reached by phone at 780-349-6677.

#### Transfers

Transferring to another class will be subject to space availability and programmer's approval. A fee adjustment may be necessary.

#### Cancellation Terms & Conditions

Programs, Events and Activities may be cancelled by the Town of Westlock based on the following circumstances:

- Insufficient registration
- Unforeseen safety consideration
- Facility and/or equipment problems or closures
- Instructor or facilitator illness and/or unavailability
- Program or service materials not available
- Inclement weather conditions

If the Town of Westlock cancels a class, a full refund is available by one of the following:

- credit
- cheque (to be mailed to patron)
- transfer into an alternate class (pending space availability & programmer approval)

#### Non-Medical Withdrawals

A credit or partial refund will be issued up to 48 hours prior to the start date of a program. No refunds or credits will be issued after this time. Unusual circumstances will be considered and will be subject to approval by management. A \$15.00 administration fee will be deducted per program withdrawn from.

#### Medical Withdrawal

A full refund will be issued with medical documentation, if withdrawal is prior to class commencement. If a class has already commenced a pro-rated refund will be issued with medical documentation.

*\*Please note: Make-up classes: refunds or credits are not issued for classes missed during a session. Non-attendance in a class does not constitute a withdrawal.*



## Westlock Rotary Spirit Centre

9603 100 Street, Westlock, AB, T7P 1Y1

Phone: 780-349-6654

Hours: Monday to Friday  
6 a.m. to 10 p.m.  
Saturday and Sunday  
8 a.m. to 8 p.m.

### Holiday Hours:

October 11 Thanksgiving Day:  
10 a.m. to 8:30 p.m.

November 11 Remembrance Day:  
Noon to 8:30 p.m.

December 24 Christmas Eve:  
Closed

December 25 Christmas Day:  
Closed

December 26 Boxing Day:  
Closed

December 31 New Year's Eve:  
6 a.m. to 4 p.m.

January 1, 2022 New Year's Day:  
Closed

### Facility Features

- Field House
- Arena
- Walking Track
- Weight Room
- Fitness Class Room
- Curling Rink
- Concession
- Meeting Rooms
- Kali's Corner (Children play area)  
This playroom is suitable for toddlers and children up to 6 years of age. Children are not to be left unattended, all must be accompanied by a person 14 year of age or older. Admission is \$2.25/child or admittance with valid Family Full Facility pass.

Visit [www.westlock.ca](http://www.westlock.ca) for field house and arena schedules.

**\*Please note schedules are subject to change without notice. \***

## Full Facility Rates and Admissions

All drop-in admission rates, facility rental rates and membership pass fees are outlined in the Fees & Rates Bylaw.

### Full Facility Memberships

#### Child (3 to 14 years)

- Drop Ins \$4.05
- 10x Pass \$36.45
- 1 Month Pass \$30.55
- 3 Month Pass \$82.50
- Annual Pass \$245.55

#### Youth (15 to 17 years) / Student (18+ with a valid student ID) / Senior (60+ years)

- Day Pass \$6.30
- 10x Pass \$56.70
- 1 Month Pass \$47.30
- 3 Month Pass \$127.75
- Annual Pass \$380.25

### Adult (18 to 59 years)

- Drop In Pass \$8.10
- 10x Pass \$72.90
- 1 Month Pass \$61.55
- 3 Month Pass \$166.05
- Annual Pass \$495.35

### Family

- Drop In \$18.75
- 10x Pass \$168.75
- 1 Month Pass \$141.90
- 3 Month Pass \$383.15
- Annual Pass \$1,140.85

### Corporate Rates

- 50x Punch Card \$335.15
- 100x Punch Card \$660.65
- 150x Punch Card \$886.40
- 200x Punch Card \$1,102.50
- 250x Punch Card \$1,281.65

## Westlock Rotary Spirit Centre

9603 100 Street, Westlock, AB, T7P 1Y1

Phone: 780-349-6654

### WINTER PROGRAM OFFERINGS

#### Pre-registered:

6 Class Sessions:	\$54.00
7 Class Sessions:	\$63.00
8 Class Sessions:	\$72.00
9 Class Session:	\$81.00

#### Drop-in Punch Pass:

10 Classes :	\$110.00
Single-time Drop-in:	\$13.00 per class

#### SPIN FUSION

Come get your sweat on! This all-levels class will be half spin and half strength training. Increase your cardiovascular health through spin and improve form and full body strength through a circuit style workout afterwards. Finishing off with a nice stretch. Please bring a yoga mat and water bottle.

**Location: Fitness Room**

Fall Dates		Times
Tuesdays: October 19, 26, November 2, 9, 16, 23, 30, 7, December 14 (9 Classes)		7 to 8 p.m.
Winter Dates		Times
Session 1: Tuesdays: January 11, 18, 25, February 1, 8, 15, 22, March 1 (8 Classes)	Session 2: Tuesdays: March 8, 15, 22, April 5, 12, 19, 26 (7 Classes)	7 to 8 p.m.

#### POWER UP (CIRCUIT TRAINING)

An all-levels interval circuit workout that will be sure to create a full body burn! This class improves endurance, full body strength, core strength and flexibility. We will be using a variety of dumbbells, resistance bands, medicine balls etc. with a focus on improving form. Please bring a yoga mat and water bottle

**Location: Fitness Room**

Fall Dates		Times
Wednesdays: October 20, 27, November 3, 10, 17, 24, December 1, 8, 15 (9 Classes)		5 to 6 p.m.
Winter Dates		Times
Session 1: Wednesdays: January 12, 19, 26, February 2, 9, 16, 23, March 2 (8 Classes)	Session 2: Wednesdays: March 9, 16, 23, April 6, 13, 20, 27 (7 Classes)	5 to 6 p.m.



**PROGRAMMING MAY CHANGE**

provincial COVID-19 measures and weather permitting

## Westlock Rotary Spirit Centre

9603 100 Street, Westlock, AB, T7P 1Y1

Phone: 780-349-6654

### VINYASA FLOW YOGA

Connect movement and breath to move seamlessly through postures for an invigorating class that helps increase strength and focus. This class will provide opportunities for students to challenge themselves. This class is suitable for all abilities. Some yoga experience recommended.

**Location: Fitness Room**

Fall Dates		Times
Thursdays: October 21, 28, November 4, 18, December 2, 9, 16 (7 Classes)		5:30 to 6:30 p.m.
Winter Dates		Times
Session 1: Thursdays: January 13, 20, 27, February 3, 10, 17, 24, March 3 (8 Classes)	Session 2: Thursdays: March 10, 17, 24, April 7, 14, 21, 28 (7 Classes)	5:30 to 6:30 p.m.

### HATHA YOGA

Hatha Yoga helps to cultivate strength, flexibility, and balance through longer holds. Each class is unique and focuses on mindful movement that honours the body while offering opportunities for students to challenge themselves. This class is suitable for all experience levels and abilities.

**Location: Fitness Room**

Fall Dates		Times
Thursdays: October 21, 28, November 4, 18, December 2, 9, 16 (7 Classes)		7 to 8 p.m.
Winter Dates		Times
Session 1: Thursdays: January 13, 20, 27, February 3, 10, 17, 24, March 3 (8 Classes)	Session 2: Thursdays: March 10, 17, 24, April 7, 14, 21, 28 (7 Classes)	7 to 8 p.m.





**WESTLOCK ROTARY SPIRIT CENTRE  
9603-100 STREET , WETSLOCK**

# Skate with Santa

**WHEN:** Sunday December 19 from 5:30 to 6:30 p.m.

**WHERE:** Westlock Rotary Spirit Centre Arena

**COST:** Free

Bring your family, your skates, and your holiday spirit to the Westlock Rotary Spirit Centre to skate with the big guy in red and potentially win some door prizes.

Follow us on Facebook and watch our website for upcoming events.

**PROGRAMMING MAY CHANGE**

provincial COVID-19 measures and weather permitting







## Christmas Tree Safety

As you deck the halls this holiday season,  
be fire smart.

A small fire that spreads to a Christmas tree can grow  
very large very quickly.

- Choose a tree with fresh, green needles that do not fall off when touched.
- Make sure the tree is at least 3 feet away from any heat source.
- Ensure the tree is not blocking an exit.
- Never use lit candles to decorate the tree.
- Always turn off the Christmas tree lights before leaving home or going to bed.

For more information on christmas tree safety: [bit.ly/35J3HDp](https://bit.ly/35J3HDp)



# Winter Storm Safety

Winter storms can happen almost anywhere. Stay aware of winter weather.  
Listen to the television or radio for updates and watch for bulletins online.

For more information on winter storm safety: [bit.ly/3kQ26zQ](https://bit.ly/3kQ26zQ)



## FIRE SAFETY THIS WINTER

There are more home fires in winter than in any other season. Half of all heating fires happen in December, January, and February.

**As you stay cozy and warm this winter season, be fire smart!**

- Be ready if the heat stops working.
- Use extra layers of clothes and blankets to stay warm.
- If you use an emergency heat source, keep anything that can burn at least 3 feet away.
- Turn portable heaters off when you leave the room and when you go to bed.

For more information on fire safety during the winter season:  
[bit.ly/2UgyrF8](https://bit.ly/2UgyrF8)



## OUR COMMUNITY NEEDS YOU!

Do you like a physical and mental challenge?

Are you dedicated to your community?

Do you thrive in a team environment?

**WESTLOCK  
FIRE RESCUE**

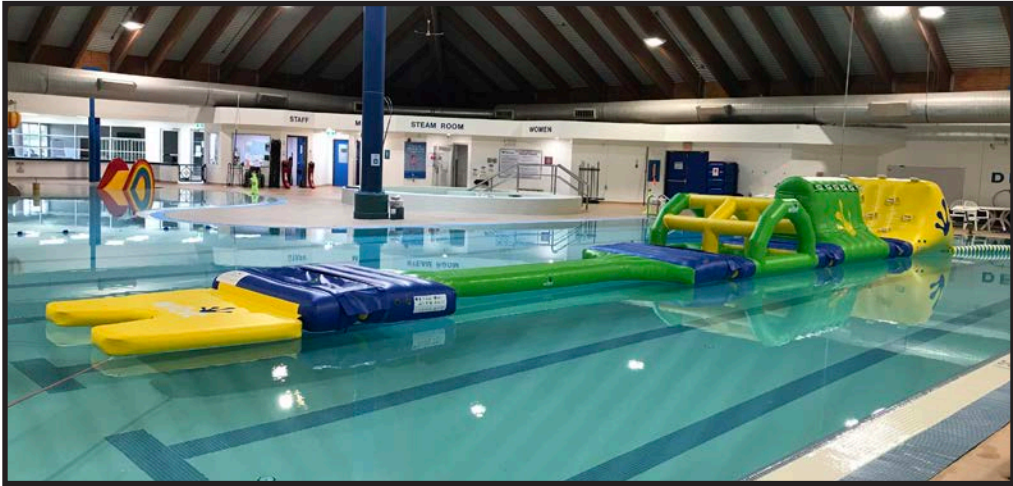
**Contact us today to become a  
Town of Westlock Firefighter.**

**780-349-4444**

**[www.westlock.ca/p/  
Fire-Department](http://www.westlock.ca/p/Fire-Department)**











Save the Date



# Christmas Light Up & Parade



Friday, November 19



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Town of Westlock





View or download the update at [www.westlock.ca/p/schedule](http://www.westlock.ca/p/schedule)



## Town of Westlock -2022

■ ORGANICS COLLECTION
 ■ WASTE COLLECTION
 ■ BLUE BAG COLLECTION

JANUARY 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

MARCH 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JULY 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

OCTOBER 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER 2022						
SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





# HAVE YOU SIGNED UP?



When you sign up for alerts from the  
**Westlock Regional Notification System: Connect**,  
you will get the latest news, events, and information  
from our region.

While you're there, do not forget to opt-in for notifications  
from the **Westlock and Area Crime Coalition (WACC)**.

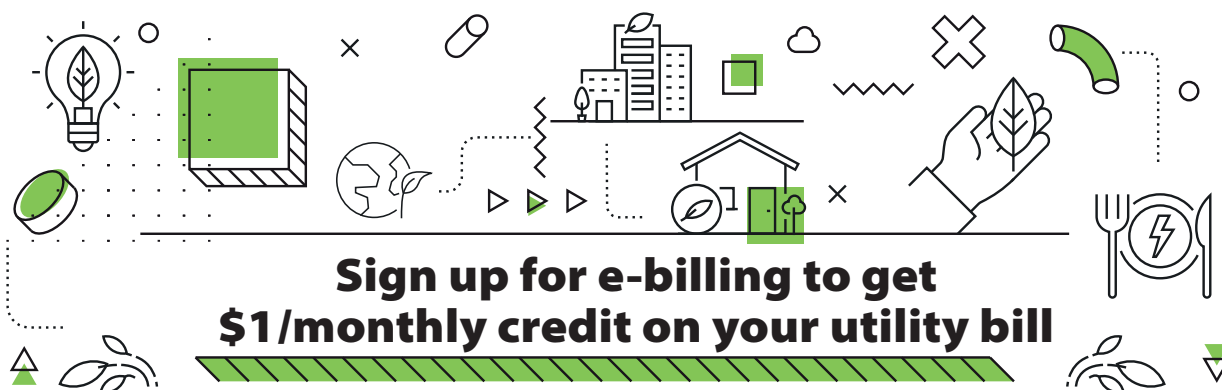
[www.westlockcounty.com](http://www.westlockcounty.com)



[www.villageofclyde.ca](http://www.villageofclyde.ca)



[www.westlock.ca](http://www.westlock.ca)



**Sign up for e-billing to get  
\$1/monthly credit on your utility bill**

To register, email [finance@westlock.ca](mailto:finance@westlock.ca) with the subject line **register for e-bill**.  
Then in the body of the email include the name on the account, service address, account number,  
owner's phone number(s) and email address for bill delivery.

Download the utilities registration form at [bit.ly/2MH8f6f](http://bit.ly/2MH8f6f).

**For more information, contact us at 780-349-4444**

Winter 2021-2022  
**COMMUNITY GUIDE**