TOWN OF
Westlock










Summer 2021

COMMUNITY GUIDE

Revised July 26, 2021





Welcome to the Town of Westlock

2021 Summer Community Guide!

We have experienced so much over this last year with ever-changing measures, restrictions, and information overload. We have to thank everyone within our organization and the community as a whole for coming together, yet staying apart.

Looking forward to this summer, we are hopeful for warmer temperatures and sunny flowery days, and we celebrate that seasons do change. We find encouragement in all the things that unite us and in the heart of this community.

We hope you enjoy the activities and events found within this guide and ask that you participate and support these opportunities. We will continue to follow all provincial provisions and measures as they are announced, so some details may change. Ensure you check the day before or the day of the event to be prepared for these programs.

Any changes to planned programming will be updated within this guide and will be posted online.

So, bookmark our website at **www.westlock.ca** and follow us on Facebook at **www.facebook.com/townofwestlock**.

The Town of Westlock is following the recommendations and directives from Alberta Health Services and the Government of Alberta in responding to the COVID-19 Pandemic.

Alberta

www.alberta.ca/coronavirus-info-for-albertans

Alberta Health Services

www.albertahealthservices.ca



TOWN OF Westlock

Join us this CANADA DAY as we reignite the spirit of Westlock!

Watch our website and Facebook page for details.

www.westlock.ca

Many thanks to the

Westlock & District Chamber of Commerce
Our community Your business

for sponsoring the fireworks!

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ONLINE REGISTRATION HAS CHANGED!

July 26, 2021

- To register, on the Community Guide webpage, you must choose the START DATE
- Then select your program from the CATEGORIES drop down list

PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Town of Westlock Contact Information

Town of Westlock (Town Hall)
10003-106 Street Westlock, Alberta T7P 2K3
Phone: 780-349-4444 | Toll Free: 1-866-349-4445 | Fax: 780-349-4436 | info@westlock.ca | www.westlock.ca

Chief Administrative Officer
Simone Wiley, CAO 780-350-2100

The Chief Administrative Officer (CAO) for the municipality ensures that the policies and programs of the municipality are implemented. The CAO advises and informs Council on the municipality's operations while performing and exercising the duties, functions, and powers assigned through the *Municipal Government Act* and Council.

The Chief Administrative Officer also oversees Protective Services/ Fire Department and Emergency Management.

Community Services
Gerry Murphy, Director 780-350-2115

The Community Services department is responsible for making available health and fitness opportunities in the town. The management of the recreation facilities, parks and trails within Westlock is provided by this department. Community Services also oversees Family Community Support Services (F.C.S.S) and the Community Bus.

Tracy Proulx,
Westlock & Distrtict F.C.S.S. Executive Director
780-349-5900

Community Assistance Bus
780-349-9432

Danielle Snyder, Rotary Spirit Centre Facility Manager
780-349-6654

Rachelle De Boer, Aquatic Centre Facility Manager
780-349-6677

Finance
Julia Seppola, Director 780-350-2103

The Finance Department is responsible for budgeting, property tax, accounts receivable, accounts payable and utilities.

Development Services
Krystle Fedoretz, Director 780-350-2111

Legislation information and requirements regarding land use, planning, and safety codes are available from the Planning and Development department. The department also includes business licenses, GIS and mapping, economic development and municipal enforcement services.

Operations
Robin Benoit, Director 780-349-0237

For Operations on-call number, call 780-349-0178

Roadways, water, sanitary systems, and other town infrastructure is managed and maintained by the Operations department.

Legislative Services
Annette Boissonnault, Municipal Clerk 780-350-2101

Legislative Services includes activities related to the custody and maintenance of bylaws, policies, corporate records, Council agendas and minutes, elections, and the administration of the Freedom of Information and Protection of Privacy Act (FOIP).

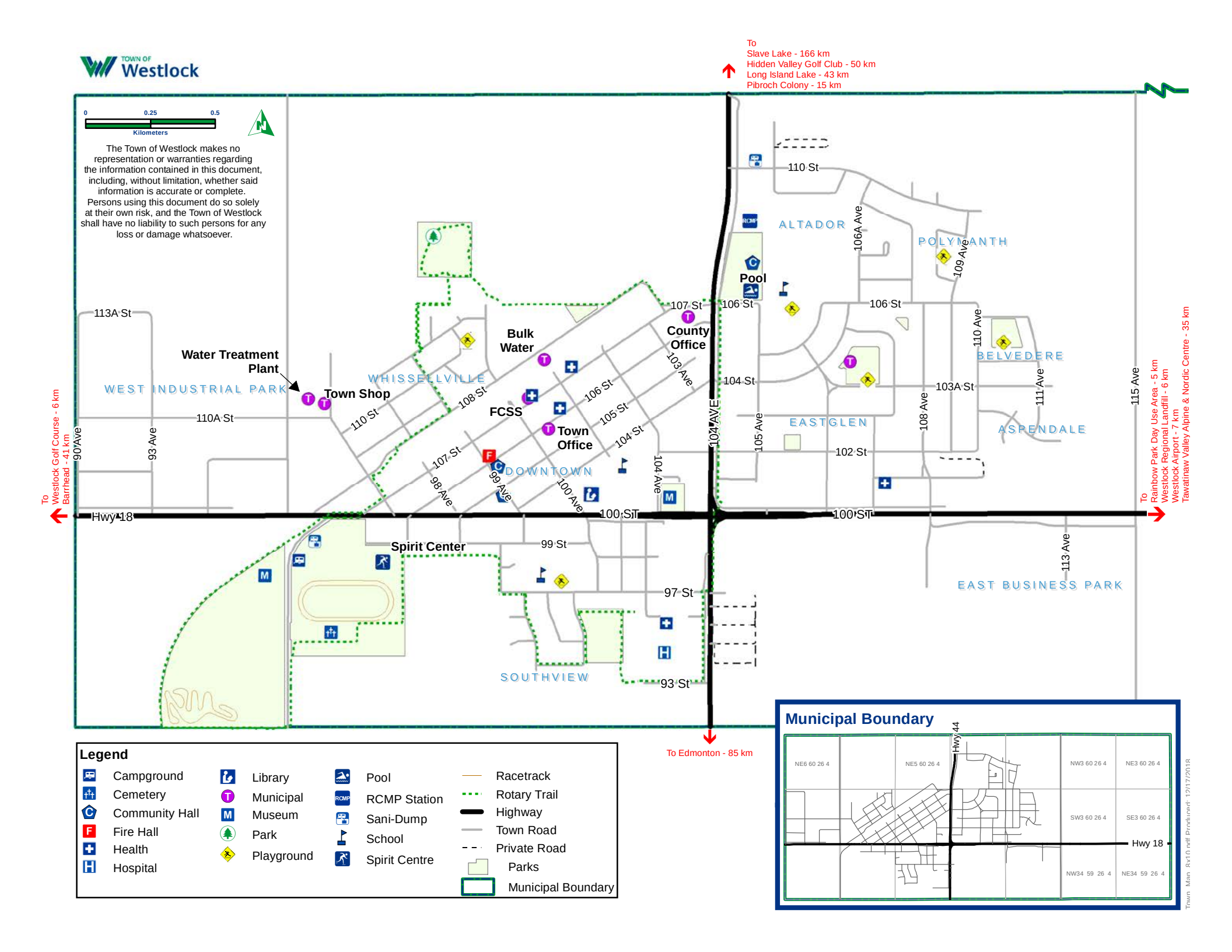
Town of Westlock Emergency Contact Information

In the event of an emergency, call 9-1-1.

Fire & Rescue Services
Stuart Koflick, Fire Chief and Deputy Director of Emergency Management
780-350-2114

Westlock RCMP
780-349-4492

Municipal Enforcement Services
Randy Burgess, Community Peace Officer
780-350-2107


TOWN OF Westlock
0 0.25 0.5
Kilometers
The Town of Westlock makes no representation or warranties regarding the information contained in this document, including, without limitation, whether said information is accurate or complete. Persons using this document do so solely at their own risk, and the Town of Westlock shall have no liability to such persons for any loss or damage whatsoever.
To
Slave Lake - 166 km
Hidden Valley Golf Club - 50 km
Long Island Lake - 43 km
Pibroch Colony - 15 km
To Westlock Golf Course - 6 km
Barrhead - 41 km
To Rainbow Park Day Use Area - 5 km
Westlock Regional Landfill - 6 km
Westlock Airport - 7 km
Tawatinaw Valley Alpine & Nordic Centre - 35 km
To Edmonton - 85 km
Water Treatment Plant
Bulk Water
County Office
Pool
Town Shop
FCSS
Town Office
Spirit Center
WEST INDUSTRIAL PARK
WHISSELLVILLE
DOWNTOWN
SOUTHVIEW
ALTADOR
POLYMANTH
BELVEDERE
EASTGLEN
ASPENDALE
EAST BUSINESS PARK
Hwy 18
100 St
104 Ave
104 St
103 Ave
107 St
106 St
110 St
108 St
105 St
99 Ave
98 Ave
100 Ave
93 Ave
90 Ave
113A St
110A St
106A Ave
109 Ave
110 Ave
111 Ave
115 Ave
108 Ave
105 Ave
103A St
102 St
99 St
97 St
93 St
113 Ave
Legend
Campground
Cemetery
Community Hall
Fire Hall
Health
Hospital
Library
Municipal
Museum
Park
Playground
Pool
RCMP Station
Sani-Dump
School
Spirit Centre
Racetrack
Rotary Trail
Highway
Town Road
Private Road
Parks
Municipal Boundary
Municipal Boundary
Hwy 44
Hwy 18
NE6 60 26 4
NE5 60 26 4
NW3 60 26 4
NE3 60 26 4
SW3 60 26 4
SE3 60 26 4
NW34 59 26 4
NE34 59 26 4
Town Map 8x10.pdf Produced: 12/17/2018

Westlock & District F.C.S.S.

10007-100 Avenue, Westlock, AB **Phone: 780-349-5900**

F.C.S.S. is a partnership between the Town of Westlock, Westlock County and Village of Clyde. Our services are available to all residents in those communities. We promote local-driven partnerships that encourages the community to strengthen and grow.

General Information & Referral
FCSS is a community resource that provides information and/or makes referrals regarding local and external programs and services.

Community Development
Learning opportunities are coordinated to support Non-Profit organizations in the areas of Board & Leadership Professional Development. Look for the Fall/Winter workshop series.



We moved into our new office space in the Heritage Building, 10007-100 Avenue, on June 22, 2021.

We will be closed from June 21 to 25 as we move into our new space.

Stay tuned for information on our Grand Opening in September!

Adults and Seniors Programs (year-round)

Forms Assistance: We can help complete forms for Provincial and Federal Income Support Programs:

- ✓ Alberta Seniors Benefits
- ✓ Special Needs Assistance for Seniors
- ✓ Guaranteed Income Supplement
- ✓ Old Age Security

Meals on Wheels: In partnership with the Westlock Foundation, volunteers deliver nutritional meals to seniors or disabled residents. Meals (minimal cost for each meal) are delivered Monday to Friday during the lunch hour.

Home Support Services: Home Support Workers are available to assist with routine housekeeping duties for individuals with disabilities, the elderly, the chronically ill, or those suffering from short-term illness. Fees apply.

Volunteer Income Tax: Volunteers assist low-income individuals, families, and seniors with completing basic tax returns, at no cost.

Voices for Westlock & District Seniors: Join in community discussion to share information, increase awareness and advocate for the wellbeing of seniors. Meetings are held the first Tuesday in the months of February, May, September, and December.

Seniors Welcome Package: A welcome and information package is available for new seniors to the Westlock and district area.

Keeping in Touch: For seniors who would like to receive a call each week or if you have a neighbour or family member whose days could be brightened, give us a call! We will pair that senior with a verified volunteer who will call once or twice a week.

Westlock & District F.C.S.S.

10007-100 Avenue, Westlock, AB **Phone: 780-349-5900**

Families and Youth Programs (year-round)

Family School Liaison: Family School Liaison workers are available in the schools to provide supportive counselling to children and their families experiencing difficulties, either at home or in school.

Youth Outreach: Providing one on one support to youth 16 to 21 years to help them set goals and develop life skills.

Coats for Kids & Families: Winter clothing (coats, boots, toques, mitts) donations for all ages are accepted and available to community residents.

Caring for Kids & Families: With community and business donations, FCSS coordinates the payment of emergency/extraordinary expenses for kids and families.

Christmas Spirit: This annual campaign is coordinated for community residents based on income levels. Information available in early November. Donations accepted year-round.

To register for the following free youth and young adult programs, call Westlock & District F.C.S.S. at 780-349-5900 or click on the REGISTER NOW button. Visit us online at www.westlock.ca/p/fcss.

Adulting 101

free to attend

Free weekly sessions each Friday from July to August to help youth and young adults learn life skills and empowering them in the transition to adulthood with confidence. Meals will be included. Explore topics such as:

- Cooking & Healthy Eating
- Renting, Roommates & Home Ownership
- Budgeting & Saving
- Applying for Post Secondary & Student Loans
- Income Taxes
- Resume Building, Job Applications & Interviews
- Basic Car Maintenance
- Building Credit & Credit Cards

WHEN: Fridays, July and August
WHERE: Westlock & District F.C.S.S.
COST: FREE
CONTACT: Westlock & District F.C.S.S. 780-349-5900

REGISTER NOW

Passport to Your Best Self

free to attend

Exploring how different activities promote better mental health. Passport to Your Best Self will run July to August and registration is free for all activities.

- Physical Fitness
- Yoga/Mindfulness
- Art
- Dance
- Volunteerism

WHEN: July and August
WHERE: Westlock & District F.C.S.S.
COST: FREE
CONTACT: Westlock & District F.C.S.S. 780-349-5900

REGISTER NOW

PROGRAMMING MAY CHANGE
provincial COVID-19 measures and weather permitting

Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

Hours: Monday to Friday
7 a.m. to 9 p.m.

Saturday
11 a.m. – 5 p.m.

Sunday
12 to 5 p.m.

Holiday Hours: Canada Day (July 1)
12 p.m. to 5 p.m.

Heritage Day (August 5)
12 p.m. to 5 p.m.

We will be closed for our annual Fall shutdown as of September 7, 2021 for 5-weeks.

Visit www.westlock.ca for pool schedules

Facility Features

- Six Lane Swimming Pool with Climbing Wall
- Zero Depth Splash Park Area
- Rope
- Hot Tub
- Steam Room
- Virtual Rec Room (sport simulator & game console hook up)
- Squash and Racquetball Court
- Weight Room
- All Purpose Room
- Locker Room

***Please note schedules are subject to change without notice. ***

We have a new WIBIT available for rent for private rentals!



Rental price is: $100 + GST on top of the pool rental fee for a minimum of 2 hours rental time.

We will also be putting the WIBIT in the water for the following public swims this summer:

July 2, 3, 4 all public swims

August 6, 7, 8 for all public swims



Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

Rates and Admissions

All drop-in admission rates, facility rental rates and membership pass fees are outlined in the Fees & Rates Bylaw.

Child (3 to 12 years)

- Day Pass $3.95
- 10x Pass $35.25
- 1 Month Pass $30.55
- 3 Month Pass $83.30
- Annual Pass $245.55

Youth (13 to 17 years) / Student (18+ with a valid student ID) / Senior (60+ years)

- Day Pass $5.45
- 10x Pass $49.15
- 1 Month Pass $42.60
- 3 Month Pass $114.90
- Annual Pass $342.20

Adult (18 years to 59 years)

- Day Pass $7.30
- 10x Pass $65.50
- 1 Month Pass $56.80
- 3 Month Pass $153.30
- Annual Pass $456.45

Family

- Day Pass $16.75
- 10x Pass $150.85
- 1 Month Pass $130.75
- 3 Month Pass $352.90
- Annual Pass $1,050.95

Swim Lessons

- Pre-School
  $47.25/lesson/child
- Swim Kids Levels 1 - 4
  $52.50/lesson/child
- Swim Kids Levels 5 - 10
  $57.75/lesson/child
- Swim School Lessons (per student)
  $32.55/lesson
- Private Lessons
  $22.05/half hour

Details on passes

- Day Pass
  - Drop-in
- 10x Pass
  - 10 full-day visits for the price of 9, does not expire
- 1 Month Pass
  - Unlimited access for one month expires one month after the date of purchase. After 9 visits, you are accessing the facility at no cost.
- 3 Month Pass
  - Unlimited access for three months expires three months after the date of purchase. After 24 visits, you are accessing the facility at no cost.
- Annual Pass
  - For regular users, this pass gives you unlimited individual admissions and expires 1 year after the date of purchase.
- Family Rate
  - Two adults and unlimited children living in the same household and using the facility at the same time. A child is anyone 18 years old or younger, or a student under the age of 24 with a valid student ID.

*all prices are subject to change without notice

Private Swimming Lessons

Private Swimming lessons for both adults and youth run weekly but do fill up fast. Please contact the Westlock Aquatic Centre to book your private lessons today!

Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

PARENT AND TOTS

COST: $47.25

The Parent & Tot Program structures in-water interaction between parent and child to stress the importance of play in developing water-positive attitudes and skills. Activities and progressions are based on child development, so parents register in the level appropriate for their child's age. Lifesaving Society Water Smart® education complements skill learning.

Swim for Life – Parent and Tot 1	
4 months - 1 year	Designed for the 4 to 12-month-old to learn to enjoy the water with the parent.
Swim for Life – Parent and Tot 2	
1 year - 2 years	Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.
Swim for Life – Parent and Tot 3	
2 years - 3 years	Designed for the 2 to 3-year-old to learn to enjoy the water with the parent.

Swim for Life - Parent & Tot

Designed for the toddler to learn to enjoy the water with the parent.
Lifesaving Society Water Smart® education complements skill learning.

Level	Dates	Times	Click to Register
4 months – 2 years			
Parent & Tot 1	July 5-9, 2021	3:00 to 3:30p.m.	#2707
Parent & Tot 2	July 12-16, 2021	10:00 to 10:30a.m.	#2708
Parent & Tot 1&2	July 19-23, 2021	10:35 to 11:05a.m.	#2709
Parent & Tot 3	July 26-30, 2021	10:00 to 10:30a.m.	#2710
Parent & Tot 1&2	July 26-30, 2021	3:50 to 4:20p.m.	#2711
Parent & Tot 1	Aug 9-13, 2021	10:00 to 10:30a.m.	#2712
Parent & Tot 2&3	Aug 9-13, 2021	3:00 to 3:30p.m.	#2713
Parent & Tot 1	Aug 16-20, 2021	10:35 to 11:05a.m.	#2714
Parent & Tot 1	Aug 23-27, 2021	3:50 to 4:20p.m.	#2716

PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

PRESCHOOL LEVELS 1 - 5

COST: $47.25

The Preschool Program gives children a head start on learning to swim. Preschool Programs develop fundamental physical literacy skills for aquatic activities. In our preschool program we work to ensure 3 - 5 year olds become comfortable in the water and have fun developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

Swim for Life – Preschool Level 1
These preschoolers learn to enter and exit shallow water safely and to put their face in the water blowing bubbles. They will learn to move safely in shallow water and to wear a lifejacket to be comfortable with floats and back glides.

Swim for Life - Preschool Level 1

3 years - 5 years

Dates	Times	Click to Register
July 5-9,2021	4:10 to 4:40p.m.	#2718
July 12-16,2021	4:10 to 4:40p.m.	#2719
July 19-23,2021	10:00 to 10:30a.m.	#2720
July 19-23,2021	4:10 to 4:40p.m.	#2722
July 26-30,2021	11:25 to 11:55a.m.	#2723
July 26-30,2021	3:00 to 3:30p.m.	#2724
August 9-13,2021	11:25 to 11:55a.m.	#2726
August 16-20,2021	10:00 to 10:30a.m.	#2727
August 23-27,2021	11:25 to 11:55a.m.	#2729



PROGRAMMING MAY CHANGE

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Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

PRESCHOOL 2

COST: $47.25

The Preschool Program gives children a head start on learning to swim. Preschool Programs develop fundamental physical literacy skills for aquatic activities. In our preschool program we work to ensure 3 - 5 year olds become comfortable in the water and have fun developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

Swim for Life – Preschool Level 2
These youngsters will jump into chest deep water and learn to submerge and to exhale underwater. They will be introduced to lateral rollovers and will practice front and back glides as well as flutter kick wearing a lifejacket or other buoyant aid.

Swim for Life - Preschool 2

3 years - 5 years

Dates	Times	Click to Register
July 5-9,2021	3:35 to 4:05p.m.	#2730
July 12-16,2021	11:25 to 11:55a.m.	#2732
July 12-16,2021	3:35 to 4:05p.m.	#2734
July 19-23,2021	3:00 to 3:30p.m.	#2736
July 26-30, 2021	10:50 to 11:20a.m.	#2824
July 26-30,2021	3:35 to 4:05p.m.	#2738
August 9-13,2021	10:00 to 10:30a.m.	#2739
August 9-13,2021	3:35 to 4:05p.m.	#2741
August 16-20,2021	3:50 to 4:20p.m.	#2743
August 23-27,2021	10:35 to 11:05a.m.	#2745
August 23-27,2021	3:35 to 4:05p.m.	#2747

PROGRAMMING MAY CHANGE

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Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

PRESCHOOL 3

COST: $47.25

The Preschool Program gives children a head start on learning to swim. Preschool Programs develop fundamental physical literacy skills for aquatic activities. In our preschool program we work to ensure 3 - 5 year olds become comfortable in the water and have fun developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

Swim for Life – Preschool 3
These youngsters will perform a sideways entry into deep water wearing a lifejacket. They will recover objects from the bottom in waist deep water. They will master independent front and back floats, lateral rollovers, front and back glides and flutter kick on front and back.

Swim for Life - Preschool 3

3 years - 5 years

Dates	Times	Click to Register
July 5-9,2021	3:00 to 3:30p.m.	#2749
July 19-23,2021	10:00 to 10:30a.m.	#2750
July 26-30,2021	10:35 to 11:05a.m.	#2752
August 9-13,2021	10:35 to 11:05a.m.	#2754
August 16-20,2021	10:50 to 11:20a.m.	#2756
August 16-20,2021	3:00 to 3:30p.m.	#2758
August 23-27,2021	4:10 to 4:40p.m.	#2760



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Westlock Aquatic Centre

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PRESCHOOL 4 — COST: $47.25

PRESCHOOL 5 — COST: $47.25

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Swim for Life – Preschool Level 4	Swim for Life – Preschool 5
These independent preschoolers will master short swims of front crawl (5 m) and will be introduced to side glides and flutter kick performed on their side. New challenges such as opening the eyes underwater, pendulum rollovers onto the back and treading of water using the sculling action of hand are presented at this level.	These skilled preschoolers will demonstrate that they can support themselves in deep water for 10 seconds using the sculling action and a supportive kick. Wearing a lifejacket, they will practice a forward roll entry into deep water. Whip kick, back crawl and interval training will also be introduced. Preschool 5 graduates will be prepared to enter Swimmer 2 at 6 years of age.

Swim for Life - Preschool 4/5 Combined Classes

3 years - 5 years

Dates	Times	Click to Register
July 12-16,2021	10:00 to 10:30a.m.	#2762
July 19-23,2021	11:25 to 11:55a.m.	#2765
July 19-23,2021	3:35 to 4:05p.m.	#2767
July 26-30,2021	4:25 to 4:55p.m.	#2769
August 9-13,2021	3:00 to 3:30p.m.	#2771
August16-20,2021	11:25 to 11:55a.m.	#2773
August 23-27,2021	3:00 to 3:30p.m.	#2774



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Westlock Aquatic Centre

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SWIMMER LEVELS: SWIMMER 1 - 3 COST: $52.50

The Swimmer Program makes sure children learn the fundamental physical literacy skills for aquatic activities. Progressions accommodate 5 - 12 year olds, including beginners and swimmers who want to build on the basics. Lots of in-water practice develops solid swimming strokes and skills. Water Smart® education is part of every level.

Swimmer 1
This level is the foundation for swimming skill development. These beginners will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Swimmer 1

5 years - 12 years

Dates	Times	Click to Register
July 5-9,2021	4:10 to 4:40p.m.	#2776
July 12-16,2021	10:50 to 11:20a.m.	#2778
July 12-16,2021	3:00 to 3:30p.m.	#2780
July 19-23,2021	10:50 to 11:20a.m.	#2781
July 19-23,2021	4:25 to 4:55p.m.	#2783
July 26-30,2021	10:00 to 10:30a.m.	#2785
July 26-30,2021	4:10 to 4:40p.m.	#2786
August 9-13,2021	10:50 to 11:20a.m.	#2788
August 9-13,2021	4:25 to 4:55p.m.	#2790
August 16-20,2021	11:10 to 11:40a.m.	#2791
August 16-20,2021	4:25 to 4:55p.m.	#2793
August 23-27,2021	10:00 to 10:30a.m.	#2795
August 23-27,2021	4:25 to 4:55p.m.	#2796

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Westlock Aquatic Centre

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SWIMMER LEVELS: SWIMMER 1 - 3 COST: $52.50

The Swimmer Program makes sure children learn the fundamental physical literacy skills for aquatic activities. Progressions accommodate 5 - 12 year olds, including beginners and swimmers who want to build on the basics. Lots of in-water practice develops solid swimming strokes and skills. Water Smart® education is part of every level.

Swimmer 2
These advanced beginners will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

Swimmer 2

5 years - 12 years

Dates	Times	Click to Register
July 5-9,2021	3:35 to 4:05p.m.	#2798
July 12-16,2021	10:35 to 11:05a.m.	#2799
July 12-16,2021	3:50 to 4:20p.m.	#2800
July 19-23,2021	11:10 to 11:40a.m.	#2802
July 19-23,2021	3:50 to 4:20p.m.	#2804
July 26-30,2021	3:35 to 4:05p.m.	#2805
August 9-13,2021	3:50 to 4:20p.m.	#2807
August 16-20,2021	10:35 to 11:05a.m.	#2809
August 16-20,2021	3:35 to 4:05p.m.	#2810
August 23-27,2021	3:00 to 3:30p.m.	#2811

PROGRAMMING MAY CHANGE

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Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

SWIMMER LEVELS: SWIMMER 1 - 3 COST: $52.50

The Swimmer Program makes sure children learn the fundamental physical literacy skills for aquatic activities. Progressions accommodate 5 - 12 year olds, including beginners and swimmers who want to build on the basics. Lots of in-water practice develops solid swimming strokes and skills. Water Smart® education is part of every level.

Swimmer 3
These junior swimmers will dive and do in-water front somersaults and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Swimmer 3

5 years - 12 years

Dates	Times	Click to Register
July 12-16,2021	4:25 to 4:55p.m.	#2812
July 19-23,2021	10:35 to 11:05a.m.	#2813
July 19-23,2021	3:00 to 3:30p.m.	#2814
July 26-30,2021	10:35 to 11:05a.m.	#2815
July 26-30,2021	3:00 to 3:30p.m.	#2816
August 9-13,2021	10:35 to 11:05a.m.	#2817
August 16-20,2021	10:00 to 10:30a.m.	#2818
August 16-20,2021	3:00 to 3:30p.m.	#2819
August 23-27,2021	10:00 to 10:30a.m.	#2820

PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

SWIMMER LEVELS: SWIMMER 4 - 6 COST: $57.75

The Swimmer Program makes sure children learn the fundamental physical literacy skills for aquatic activities. Progressions accommodate 5 - 12 year olds, including beginners and swimmers who want to build on the basics. Lots of in-water practice develops solid swimming strokes and skills. Water Smart® education is part of every level.

Swimmer 4
These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Swimmer 4

5 years - 12 years

Dates	Times	Click to Register
July 12-16,2021	11:10 to 11:55a.m.	#2822
July 12-16,2021	3:00 to 3:45p.m.	#2717
July 26-30,2021	10:00 to 10:45a.m.	#2721
August 9-13,2021	3:00 to 3:45p.m.	#2725
August 16-20,2021	11:10 to 11:55a.m.	#2728
August 23-27,2021	3:00 to 3:45p.m.	#2731



PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

SWIMMER LEVELS: SWIMMER 4 - 6 COST: $57.75

The Swimmer Program makes sure children learn the fundamental physical literacy skills for aquatic activities. Progressions accommodate 5 - 12 year olds, including beginners and swimmers who want to build on the basics. Lots of in-water practice develops solid swimming strokes and skills. Water Smart® education is part of every level.

Swimmer 5

These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.

Swimmer 5

5 years - 12 years

Dates	Times	Click to Register
July 12-16,2021	10:00 to 10:45a.m.	#2733
July 26-30,2021	4:10 to 4:55p.m.	#2735
August 9-13,2021	11:10 to 11:55a.m.	#2737
August 16-20,2021	4:10 to 4:55p.m.	#2740
Aug 23-27, 2021	10:35 to 11:20a.m.	#2823

Swimmer 6

These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complain about the 300 m workout.

Swimmer 6

5 years - 12 years

Dates	Times	Click to Register
July 19-23,2021	10:00 to 10:45a.m.	#2742
July 26-30,2021	11:10 to 11:55a.m.	#2744
August 9-13,2021	3:35 to 4:20p.m.	#2746
August 23-27,2021	3:35 to 4:20p.m.	#2748

PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

SWIM PATROL: ROOKIE/RANGER/STAR — COST: $57.75

Develops individual fitness levels to meet timed swims and water workouts. Water proficiency skills include: swimming with clothes, ready position, foot-first and head-first surface dives. Demonstrating the ability to conduct a primary assessment and initiating EMS are included as well as other first aid skills. The level order is Rookie patrol, Ranger patrol, Star patrol.

Level	Dates	Times	Click to Register
Rookie Patrol	July 26-30,2021	3:00 to 3:45p.m.	#2753
Ranger Patrol	August 9-13,2021	10:00 to 10:45a.m.	#2759
Star Patrol	July 19-23,2021	3:00 to 3:45p.m.	#2761
Star Patrol	August 16-20,2021	3:00 to 3:45p.m.	#2764

SWIM FOR LIFE: ADULT — COST: $57.75

The Adult Swimmer Program is for beginners who may be just starting out, or swimmers who want help with their strokes. Within the Adult Swimmer curriculum, participants set their own goals to develop water confidence and smooth, recognizable strokes. Water Smart® education is part of all levels. Instructors are prepared to adapt these items and awards to accommodate the needs of adult learners and provide the flexibility for them to select the skills they want to learn in order to achieve their personal swimming goals.

Dates	Times	Click to Register
July 19-23,2021	3:35-4:20p.m.	#2768
August 9-13,2021	4:10-4:55p.m.	#2770
August 16-20,2021	10:00a.m.-10:45p.m.	#2772



PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

LIFEGUARD TRAINING

Junior Lifeguard Club — $100

Prerequisites: Age 8-16 must be able to swim 25 m and tread water for 2 minutes.

Dates	Times	Click to Register
July 12-16	1:00-5:00p.m.	#2775
August 23-27	9:00a.m.-1:00p.m.	#2782

Bronze Medallion — $120

The Bronze Medallion Award teaches an understanding of the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skill, and fitness. Rescuers learn tows and carries, and defence and release methods in preparation for challenging rescues of increased risk which involve both conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a timed swim. Prerequisite: Bronze star or minimum of 13 years of age at the time of the exam.

Dates	Times	Click to Register
July 5-6 July 7	9:00a.m.-5:00p.m. 9:00a.m.-1:00p.m.	#2787
August 4-6	9:00a.m.-4:00p.m.	#2789

Bronze Cross — $120

Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including the National Lifeguard and Instructor certifications. Prerequisite: Bronze Medallion

Dates	Times	Click to Register
July 7 July 8-9	2:00-5:00p.m. 9:00a.m.-5:00p.m.	#2792
August 9-11	9:00-4:00p.m.	#2794

PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Westlock Aquatic Centre

10450 106 Street, Westlock, AB, T7P 2E5 **Phone: 780-349-6677**

NATIONAL LIFEGUARD: POOL $250

National Lifeguard training emphasizes prevention and effective rescue response in emergencies including first aid treatment. It is designed to develop the fundamental values, judgment, knowledge, skills and fitness required by lifeguards. Candidates develop teamwork, leadership, and communication skills. Fitness requirements include a timed object recovery, 50 m sprint challenge, a 50 m rescue drill and a 400-meter endurance challenge.

Dates	Times	Click to Register
July 12-16	9:00a.m.-5:00p.m.	#2797

LIFESAVING STANDARD FIRST AID AND CPR LEVEL C

(FULL COURSE) $150

(RECERTIFICATION) $90

Standard First Aid provides comprehensive training covering all aspects of first aid and CPR. This course is for those who want an in-depth understanding of first aid such as: medical/legal aspects, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies. Includes CPR-C certification.

Dates	Times	Click to Register
June 16 & 17	9:00a.m.-5:00p.m. (full course)	#2801
August 3 & 4	9:00a.m.-5:00p.m. (full course)	#2803
July 9	9:00a.m.-5:00p.m. (recertification)	#2806
August 17	9:00a.m.-5:00p.m. (recertification)	#2808

Certification currency is 3 years from the date of certification.



PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

GENERAL FACILITY RULES & REGULATIONS
Westlock Aquatic Centre and Westlock Rotary Spirit Centre

Footwear – Only indoor, non-marking shoes will be permitted. No hiking boots, dress shoes, flip flops, open toes or socks will be permitted.

Food & Drink – No Food or Drink is permitted in the Field House, Weight Rooms, Court Areas, Pool or Pool Deck or Walking Track. Water is the only exception, but it must be in a sealed bottle with a lid.

Age Restrictions

Pool – Those 7 years old & younger must be accompanied by a person 15 years old or older AT ALL TIMES

Weight Rooms – Must be 14 years old or older for full use of Weight Room areas. Those 12 & 13 years old may use the Cardio Equipment ONLY but MUST be supervised by an adult AT ALL TIMES

Field House - Those 8 years old & younger must be accompanied by a person 14 years old or older AT ALL TIMES

Arena - Those 8 years old & younger must be accompanied by a person 14 years old or older AT ALL TIMES

Squash/Racquetball Courts – Must be 12 years old or older.

Medical Holds Passes can be put on hold for medical reasons for a maximum of 1 month; a written statement/ form from your physician is required.

Equipment Rental

The use of our sporting equipment is FREE with a paid Full Facility Pass or day admission during drop-in leisure times. We do however require that you leave an item as a deposit for the equipment taken i.e., driver's license, car keys, etc. Please treat our equipment with respect to help ensure this service will remain in place for all users to come. If you require a lock, they can be rented for $0.75 and requires a deposit. This service is complimentary for Pass Holders.

Facility Bookings

If interested in renting one of our facilities for a private function, please call the facility that you are interested in booking for pricing and availability information.

The Westlock Rotary Spirit Centre can be reached by phone at 780-349-6654 and the Westlock Aquatic Centre can be reached by phone at 780-349-6677

Transfers

Transferring to another class will be subject to space availability and programmer's approval. A fee adjustment may be necessary.

Cancellation Terms & Conditions

Programs, Events and Activities may be cancelled by the Town of Westlock based on the following circumstances:

- Insufficient registration
- Unforeseen safety consideration
- Facility and/or equipment problems or closures
- Instructor or facilitator illness and/or unavailability
- Program or service materials not available
- Inclement weather conditions

If the Town of Westlock cancels a class, a full refund is available by one of the following:

- credit
- cheque (to be mailed to patron)
- transfer into an alternate class (pending space availability & programmer approval)

Non-Medical Withdrawals

A credit or partial refund will be issued up to 48 hours prior to the start date of a program. No refunds or credits will be issued after this time. Unusual circumstances will be considered and will be subject to approval by management. A $15.00 administration fee will be deducted per program withdrawn from.

Medical Withdrawal

A full refund will be issued with medical documentation, if withdrawal is prior to class commencement. If a class has already commenced a pro-rated refund will be issued with medical documentation.

**Please note: Make-up classes: refunds or credits are not issued for classes missed during a session. Non-attendance in a class does not constitute a withdrawal.*

Westlock Rotary Spirit Centre

9603 100 Street, Westlock, AB, T7P 1Y1 **Phone: 780-349-6654**

Hours: Monday to Friday
6 a.m. to 9 p.m.
Saturday and Sunday
8 a.m. to 6 p.m.

Holiday Hours: Canada Day (July 1)
10 a.m. to 5:30 p.m.
Heritage Day (August 5)
10 a.m. to 5:30 p.m.

Visit www.westlock.ca for field house and arena schedules.

Facility Features

- Field House
- Arena
- Walking Track
- Weight Room
- Fitness Class Room
- Curling Rink
- Concession
- Meeting Rooms
- Kali's Corner (Children play area)
  This playroom is suitable for toddlers and children up to 6 years of age. Children are not to be left unattended, all must be accompanied by a person 14 year of age or older. Admission is $2.25/child or admittance with valid Family Full Facility pass.

***Please note schedules are subject to change without notice. ***

Full Facility Rates and Admissions

All drop-in admission rates, facility rental rates and membership pass fees are outlined in the Fees & Rates Bylaw.

Full Facility Memberships

Child (3 to 12 years)

- Drop Ins $3.95
- 10x Pass $35.10
- 1 Month Pass $30.55
- 3 Month Pass $82.50
- Annual Pass $245.55

Youth (13 to 17 years) / Student (18+ with a valid student ID) / Senior (60+ years)

- Day Pass $6.10
- 10x Pass $54.60
- 1 Month Pass $47.30
- 3 Month Pass $127.75
- Annual Pass $380.25

Adult (18 to 59 years)

- Drop In Pass $7.85
- 10x Pass $70.95
- 1 Month Pass $61.55
- 3 Month Pass $166.05
- Annual Pass $495.35

Family

- Drop In $18.20
- 10x Pass $163.50
- 1 Month Pass $141.90
- 3 Month Pass $383.15
- Annual Pass $1,140.85

Corporate Rates

- 50x Punch Card $335.15
- 100x Punch Card $660.65
- 150x Punch Card $886.40
- 200x Punch Card $1,102.50
- 250x Punch Card $1,281.65

Westlock Rotary Spirit Centre

9603 100 Street, Westlock, AB, T7P 1Y1 **Phone: 780-349-6654**

YOUTH SUMMER PROGRAMS

Registration Begins Friday, June 11!

- Register in-person at the Rotary Spirit Centre or online at **www.westlock.ca**.
- Each participant must submit a completed Town of Westlock Summer Program waiver to guest services at the Westlock Rotary Spirit Centre desk or by email to westlocksummerprograms@gmail.com.
- Individual programs may require additional forms. Ensure you review the descriptions of the individual program.
- Registration is complete when all necessary waivers have been received.

Drop-off:

- All 2021 summer programs activities begin at 9 a.m.
- We cannot accept participants before 8:45 a.m.
- On occasion, we may be able to accommodate an earlier drop-off provided we receive 24-hour advance notice.

Pick-up:

- All Summer Program activities end at 4 p.m., expecting that all children will be picked up by 4:15 p.m.
- If a designated pick up person cannot pick up the child by this time, please contact the Westlock Summer Program Staff at 780-349-6654.
- If a participant is to walk or bike home at the end of a program day, a parent or guardian must notify Summer Program Staff and specify this on the drop off form. We cannot release a participant to walk home unless written or verbal consent is given to a Summer Program Staff member.
- We require a list of all individuals that have permission to pick up the participant. Summer Program Staff will not release a child to individuals not listed on this sheet.
- If an unidentified person shows up to pick up a child, Summer Program Staff will call the parent or guardian on file for confirmation before releasing the child.
- The Town of Westlock will require a printed name and signature from the individual picking up the child before the participant is released.

What you need to bring:

- ✓ Backpack or zippered bag
- ✓ A bagged lunch (peanut-free)
  (unless stated in the description of the program)
- ✓ Hat, water bottle, sunscreen, and bug spray
- ✓ Swimsuit and towel if required
  (check individual program descriptions)
- ✓ Appropriate footwear
- ✓ Dressed appropriately for forecast weather.
- ✓ Money, if required
  (check individual program descriptions)
- ✓ Facemask, if required by provincial regulations
  (If required, staff will contact families to discuss)
- ✓ Please do not bring valuables, electronics, or money (unless otherwise stated) to the Summer Program activities

The Town of Westlock will not be responsible for any lost, stolen, or damaged items.

Medications:

Town of Westlock staff will not administer or handle medication. If a medication is necessary during the activity day, please ensure your child can perform the steps required to administer medications.

Please alert Summer Programs staff where the medication is stored, what the medication is, and when the child will need to administer the medication.



Week Long Bundles

A special offer of a reduced cost of $10 per week will be given if a participant is signed up for every single day of a SINGLE week (4 days).

These bundles are only for 4 full days of the SAME week. In the event of a 3-day week the same discount will be applied with a special price for that week only.

Participants are able to receive discounts for several weeks. However, these dates cannot be carried over to another week.

Please note, these bundle prices are limited and are given on a first come first serve basis.

Week 1

July 6, 7, 8 — **Price: $80**

Week 2

July 12, 13, 14, 15 — **Price: $110**

Week 3

July 19, 20, 21, 22 — **Price: $125**

Week 4

July 26, 27, 28, 29 — **Price: $125**

Week 5

August 3, 4, 5 — **Price: $95**

Week 6

Aug 9, 10, 11, 12 — **Price: $125**

Week 7

Aug 16, 17, 18, 19 — **Price: $125**

Week 8

Aug 23, 24, 25, 26 — **Price: $125**

Westlock Rotary Spirit Centre

9603 100 Street, Westlock, AB, T7P 1Y1 **Phone: 780-349-6654**

CLICK ON THE ACTIVITY NUMBER TO REGISTER

July 6: Sports Extravaganza

Activity #2677 **Cost: $30**

Start the summer off with a fun-filled action-packed sports day! We will be playing many sports, including soccer, kickball, dodgeball, badminton, and many more.

July 7: Mad Scientist

Activity #2678 **Cost: $30**

Attention all future scientists! Get ready for lots of science-themed games, crafts, and experiments. We will have lots of fun showing off our mad scientist skills!

July 8: Disney/Marvel

Activity #2679 **Cost: $30**

Come dressed as your favourite Disney or Marvel character for a fun day of Disney and Marvel-themed games and crafts.

July 12: Around the World

Activity #2680 **Cost: $30**

Have you ever wanted to travel around the world? We will spend the day learning about different countries through games, crafts, and treats.

July 13: Jungle Safari

Activity #2681 **Cost: $30**

Grab your safari hat and join us on a jungle adventure! We will visit with some little jungle friends and make some jungle-themed crafts. After playing lots of fun games, you will go home with a jungle treat!

July 14: Under the Sea

Activity #2682 **Cost: $30**

Spend the morning with us making crafts and playing games outside. We will then spend the afternoon in the pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

July 15: Rock n Roll

Activity #2683 **Cost: $30**

Calling all rock stars! Join us for a musical day of making a variety of instruments. This is sure to be a fun day filled with dancing and music!

July 19: Farm Frenzy

Activity #2684 **Cost: $30**

It is time to complete the farmer's chores! We will spend the day making lots of farm-themed crafts and completing farm theme activities. We may even have some farm friends come for a visit!

July 20: Spy Kids

Activity #2685 **Cost: $30**

Show off your detective and spy skills at our spy training day. Spend a day with us, completing fun activities to become a spy!

July 21: Game Show Mania

Activity #2686 **Cost: $30**

Spend the morning playing games based off a variety of popular game shows. We will then spend the afternoon in the swimming pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

July 22: Crazy Critters

Activity #2687 **Cost: $45**

We are off to the Edmonton Valley Zoo! We will have a fun zoo scavenger hunt to complete as we explore all the animal exhibits.

July 26: Adventures in the Great Outdoors

Activity #2688 **Cost: $30**

Put your survival skills to the test at our outdoor adventure day! We will spend the day completing many camping and survival tasks. We will end our day with a tasty camping treat!

PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Westlock Rotary Spirit Centre

9603 100 Street, Westlock, AB, T7P 1Y1 **Phone: 780-349-6654**

CLICK ON THE ACTIVITY NUMBER TO REGISTER

July 27: Artful Antics

Activity #2689 **Cost: $30**

Show us your artistic side! This day will be filled with crafts and activities that bring out the artist in everyone. We spend the day painting rocks for the gratitude garden at the hospital, birdhouses for the rotary trail, and so much more. We will then end the day off by heading to the St. Mary's playground!

July 28: A Day in Hollywood

Activity #2690 **Cost: $30**

In the morning, we will be making our own drive-in movie theatre cars! Then we will sit in them while we enjoy our movie and some popcorn. Later we will head into the pool for an afternoon of fun.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

July 29: Bowling and a Movie

Activity #2691 **Cost: $45**

Join us in the morning at the Westlock Bowling Alley, where you can show off your bowling skills. In the afternoon, we will make our way to the Landmark movie theatre in St. Albert to watch a movie. There is no need to bring money for the concession because a snack pack (popcorn, pop, choice of candy) is included.

August 3: Spa and Relaxation

Activity #2692 **Cost: $30**

Join us for a relaxing day at the spa! We will be spending the day making friendship bracelets and necklaces, and our own beauty products. During this time of relaxation, we will also be getting our nails and hair done. To finish off the day, we will be doing some yoga and playing some games!



August 4: Monsters Inc.

Activity #2693 **Cost: $30**

All monsters join us for a morning of Monsters Inc. themed games and crafts. We will spend the afternoon in the swimming pool where the fun will continue!

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

August 5: Laser tag

Activity #2694 **Cost: $45**

We will be heading to Laser City in Edmonton for a fun-filled day of laser tag! We will be playing a minimum of 4 exciting games in a combination of teams and individuals.

August 9: Junior Gourmet

Activity #2695 **Cost: $30**

Do you love baking or are you a master chef? If yes, then join us for a day in the kitchen making tasty treats! We will have a day filled with crafts, games, and cooking, which is sure to be lots of fun.

- Please inform us of any food allergies prior to the program.

August 10: Amazing Race

Activity #2696 **Cost: $30**

On your mark! Get set! Go! Sign up for a day of challenges as we host our very own Amazing Race! This day will be filled with lots of activities and crafts that will be fun for all the competitors.

August 11: Hawaiian Luau

Activity #2697 **Cost: $30**

We are having a Hawaiian luau! We will be playing lots of games and making lots of crafts before we head into the pool for an afternoon of swimming.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

Westlock Rotary Spirit Centre

9603 100 Street, Westlock, AB, T7P 1Y1 **Phone: 780-349-6654**

CLICK ON THE ACTIVITY NUMBER TO REGISTER

August 12: Time Travelers

Activity #2698 **Cost: $45**

We are traveling back in time! We will be heading to Fort Edmonton for a day of exploring and fun.

August 16: Charlie and the Chocolate Factory

Activity #2699 **Cost: $30**

Can you find the golden ticket? We will be spending our chocolate-themed day making lots of crafts and playing lots of fun games. If you are lucky, you might find the golden ticket at the end of the day.

August 17: Wacky Water Day

Activity #2700 **Cost: $30**

Ready for some fun in the sun! Be prepared to get wet as we spend our day soaking up the sun and playing lots of water games.

- Please bring a swimsuit and a towel

August: 18 Paint the Town

Activity #2701 **Cost: $30**

Spend your morning with us, drawing with chalk and playing fun games on the playground. In the afternoon, we will head inside for some fun in the swimming pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

August 19: Out of this World

Activity #2702 **Cost: $45**

We will head into the city to check out the many exhibits at the Telus World of Science! This day is sure to be lots of fun.

August 23: Mini Olympics

Activity #2703 **Cost: $30**

Everyone to the starting line! Race your way into a fun-filled day of mini-Olympic challenges. We will spend the day competing in our own Olympic games and making Olympic themed crafts.

August 24: Disco Party

Activity #2704 **Cost: $30**

Get groovy! In the morning, we will be making tie-dyed shirts. Later we will be making all kinds of funky crafts and playing many groovy games. To finish off the day, we will be heading over to the St. Mary's playground.

August 25: Picnic in the Park

Activity #2705 **Cost: $30**

Spend a morning in the sun with us playing games on the playground and eating a picnic lunch. We will then spend the afternoon in the swimming pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

August 26: Corn Maze

Activity #2706 **Cost: $45**

See the summer off by joining us at the Edmonton Corn Maze! It is sure to be a fun-filled day exploring all that the corn maze has to offer.



PROGRAMMING MAY CHANGE

provincial COVID-19 measures and weather permitting

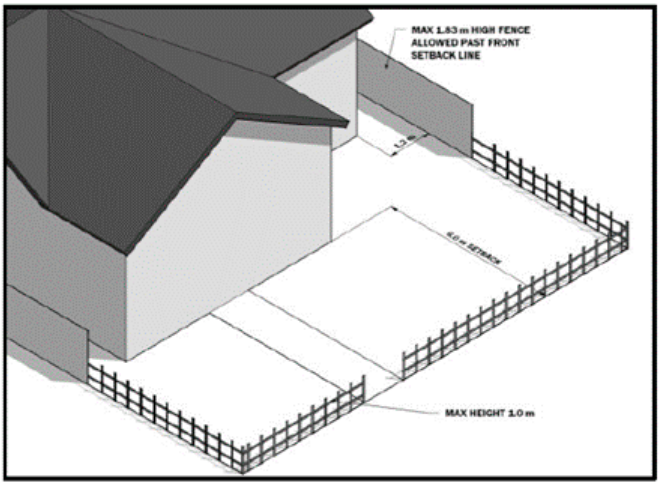
Fences, Sheds, Decks, Signs, and Additions: Your Guide to Permit Regulations LUB 2015-02

General Provisions

- No structure may be built or placed over a gas line or within a utility easement or right-of-way.
- **The Town sidewalk, lane, pavement, or fence line is not the property line.** The most accurate way to determine where your property lines are is from a survey of the property.
- A development permit is valid for one (1) year only; if development is not commenced within one year, a new permit is required.
- A building permit is valid for 90 days only; if construction is not commenced within 90 days, a new permit is required.
- Any Electrical, Gas, and Plumbing to be commenced must be accompanied by a permit.
- No excavation, storage, or piling up of materials shall be kept in any part of the yard unless all safety measures are undertaken, and the owner of such materials or excavation assumes full responsibility and does not permit the excavation or storage to last any longer than reasonably necessary to complete the particular stage of construction work.

Fence Regulations

- The maximum height for a fence that does not extend beyond the portion of the house closest to the front property line (back yard) is 1.8m (6.0ft).
- The maximum height for a fence for the portion between the house and the front lot line (front yard) is 0.9m (3.0ft).
- A fence may be constructed on or within your property lines.
- Fences must not encroach onto public property.
- Permits are not required for a fence unless you wish to build it higher than the allowable limits. In that case, you would then need a development permit for a height variance.



Shed Regulations

- No permits are required for a Shed if it is under 9.5m^2 (102.3ft^2) in floor area.
- If the shed is over 9.5m^2 (102.3ft^2) in floor area a Development Permit and Building Permit are required.
- If a shed is pre-fabricated or on skids and is over 9.5m^2 (102.3ft^2) in floor area, permits must be applied for.
- Sheds cannot be placed in the front yard.
- The shed must be setback a minimum of 1.0m (3.3ft) from both the side and rear property lines, and must be setback a minimum of 1.9m (6.2ft) from the principal building (or deck).

Deck Regulations

- A Development Permit and Building Permit are required for the construction of a deck higher than 0.6m (2.0ft). A deck below this height is classified as a patio and does not require permits.
- The deck must comply with the accessory building setback requirements. Please see the specific regulations for the appropriate district.

Addition Regulations

- A Development Permit and Building Permit are required for all additions and/or expansions.
- Once an addition is constructed, it is considered part of the principal building and therefore must comply with principal building setback requirements and the allowable lot coverage. Please see the specific regulations for the appropriate district.

Fences, Sheds, Decks, Signs, and Additions: Your Guide to Permit Regulations LUB 2015-02

District Specific Regulations

R1 (Low Density Residential) Regulation	Standard
Parcel Coverage, Maximum	Total: 40% Principal building: 30% Accessory buildings: 10%
Front Setback, Minimum	6.0m (19.7ft)
Flanking Front Setback	3.0m (9.8ft)
Side Setback, Minimum	Principal building: 1.2m (3.9ft) Accessory buildings: 1.0m (3.3ft)
Rear Setback, Minimum	Principal building: 7.5m (24.6ft) Accessory buildings: 1.0m (3.3ft)
R2 (Medium Density Residential) Regulation	**Standard**
Parcel Coverage, Maximum	Total: 50% Principal building: 40% Accessory buildings: 10%
Front Setback, Minimum	Public road: 6.0m (19.7ft) Flanking: 3.0m (9.8ft)
Side Setback, Minimum	Principal building: 1.5m (4.9ft) Accessory buildings: 1.0m (3.3ft)
Rear Setback, Minimum	Principal building: 3m (9.8ft) Accessory buildings: 1.0m (3.3ft)

Sign Permits

How to Apply

1. Complete and submit the Sign Development Permit Application with the appropriate fee. Be sure to include:
   - ✓ A site plan, with dimensions indicated, showing the front, rear and side yard setbacks.
   - ✓ A statement of ownership of land including the signature or written consent of the registered owner and applicant.
   - ✓ The date of placement.
   - ✓ All other supporting information required. (see application)
2. If the sign is a discretionary use, the application will have to go before the Municipal Planning Commission for decision. If the sign is a permitted use, the application will be either approved or refused by the Development Authority, within the Planning and Development Department.
3. Once approved and processed there is a standard two (2) week appeal process prior to the issuance of the Development Permit. However, if it is a Permitted Use, only the applicant can appeal the conditions.
4. The applicant will receive a Notice of Decision once processed, stating the conditions of the permit and the effective issuance date.
5. After the issuance of the Development Permit, Building, Electrical, Gas, and Plumbing Permits must be applied for.

Alberta One-Call must be contacted prior to construction

1-800-242-3447

TOWN OF Westlock

Development Services
10003-106 Street, Westlock, AB T7P 2K3
Phone: 780-349-4444 Fax: 780-349-4436

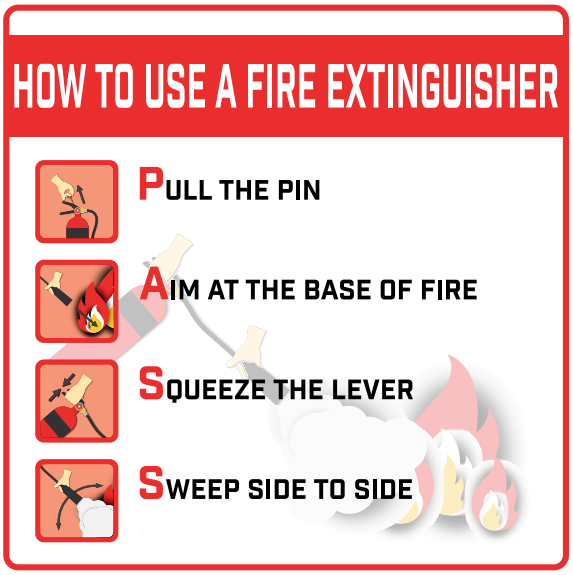
Spring & Summer Fire Safety Tips

In the House

- ✓ Test your smoke and carbon monoxide detectors, change batteries immediately if needed. For more information check out our section on smoke alarm maintenance and carbon monoxide detector maintenance.
- ✓ Check for overloaded or damaged extension cords, replace where needed.
- ✓ Ensure you have an emergency preparedness kit in case of incidents such as power outages and flooding.
- ✓ Practice your families fire escape plan so everyone knows what to do in case of an emergency.
- ✓ Windows should be checked to ensure they open and close properly, in case they are needed as an exit.
- ✓ Properly store household chemicals and never mix cleaning agents.
- ✓ Recycle: Get rid of old newspapers, magazines and junk mail. These items tend to pile up and can greatly contribute to the severity and spread of fire.
- ✓ Check and clean filters above stove.
- ✓ Pull refrigerator out and vacuum or dust the coils.
- ✓ Always keep stairs and landings clear for safe evacuation in event of an emergency.

Around the house

- ✓ Make sure your address numbers are up and visible from the street.
- ✓ Maintain a clear 'fire zone' of 10' around structures.
- ✓ Check outdoor electrical outlets and other electrical appliances for animal nests and to ensure proper wiring.
- ✓ Keep 100' of garden hose with an attached nozzle connected and ready for use.
- ✓ Remove leaves and trash from carports and garages. Combustible materials are dangerous if they are exposed to heated automobile components, especially under the vehicle.
- ✓ Clean up and properly store paints, pool and yard chemicals.
- ✓ Check fuels containers for leaks and make sure they are properly stored.
- ✓ Let power equipment sit for approximately 30 minutes before placing it inside to be sure there is no possibility of fire.



Spring & Summer Fire Safety Tips

Seasonal Property Fire Safety

(this includes but is not limited to cottages, cabins, motorhomes/recreational vehicles, boats, and houseboats etc.)

- ✓ Test smoke alarms at least monthly or each time you return to your seasonal home. Pack a new smoke alarm and extra smoke alarm batteries in case they need replacement.
- ✓ Install and ensure carbon monoxide alarms in your seasonal home if it has a fuel-burning appliance.
- ✓ Develop and practice a home fire escape plan to ensure everyone knows what to do if the smoke alarm sounds.
- ✓ Know the telephone number for the local fire department and your seasonal home's emergency sign number, in case of emergency.
- ✓ Clean barbecues before using them. Keep an eye on lit barbecues and ensure all combustibles, as well as children and pets are kept well away from them. Fires can happen when barbecues are left unattended.
- ✓ Keep barbecue lighters and matches out of sight and reach of children.
- ✓ Remember to bring a flashlight with extra batteries.
- ✓ Check heating appliances and chimneys before using them.
- ✓ Check with your local fire department or municipality to determine whether open air burning is permitted before having a campfire or burning brush. If open burning is allowed, fires should be built on bare soil or on exposed rock. Remove leaves and twigs from around the fire to keep it from spreading. Always keep a bucket of water, sand, or even a shovel close by and supervise the fire at all times.

BBQ Tips

- ✓ All barbeque grills must only be used outdoors — using grills indoors or in enclosed spaces is not only a fire hazard, but it exposes occupants to toxic gasses and potential asphyxiation.
- ✓ Always position the grill well away from combustible objects, as buildings, fences, deck railings and landscaping can easily and quickly ignite.
- ✓ Get your grill cleaned and serviced. Check all propane tanks and lines for leaks and damage.
- ✓ Never leave a lit grill unattended.
- ✓ Always use long handled grilling utensils and heat resistant oven mitts to avoid exposure burns from heat and flames.
- ✓ Periodically remove grease build-up in catch trays to prevent it from igniting.
- ✓ Keep a garden hose nearby, connected and ready for use in case of a fire.
- ✓ Bring a fire extinguisher or fire blanket to your outdoor trip. This way, you can easily extinguish fire before it grows out of hand. Fire accidents can happen anytime and it always pays to be prepared.
- ✓ Before you use a grill, first check the connection between the propane tank and fuel line to see if this is not blocked. See to it that you do not overfill the propane tank.
- ✓ Douse hot coals with plenty of water before disposing of them. Never put them inside plastic, paper or wooden trash bins or containers.
- ✓ Use barbecue grills away from the house, from the tent, or from anything that can easily catch fire.
- ✓ If outside and your clothes catch fire, use the STOP, DROP and ROLL method. Use a fire extinguisher to put out a small fire that is not yet spreading. Call the fire department immediately.

Town of Westlock
Fire & Rescue Services
10003-106 Street, Westlock, Alberta T7P 2K3
780-350-2114

NEW Organics Schedule

View or download the update at **www.westlock.ca/p/schedule**

GFL environmental

Town of Westlock 2021

ORGANICS COLLECTION WASTE COLLECTION BLUE BAG COLLECTION

JANUARY 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
					~~1~~	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
~~24~~ 31	25	26	27	28	29	30

FEBRUARY 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

MARCH 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

APRIL 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
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MAY 2021

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23	24	25	26	27	28	29
30	31					

JUNE 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
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JULY 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
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AUGUST 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
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SEPTEMBER 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
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OCTOBER 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
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NOVEMBER 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

DECEMBER 2021

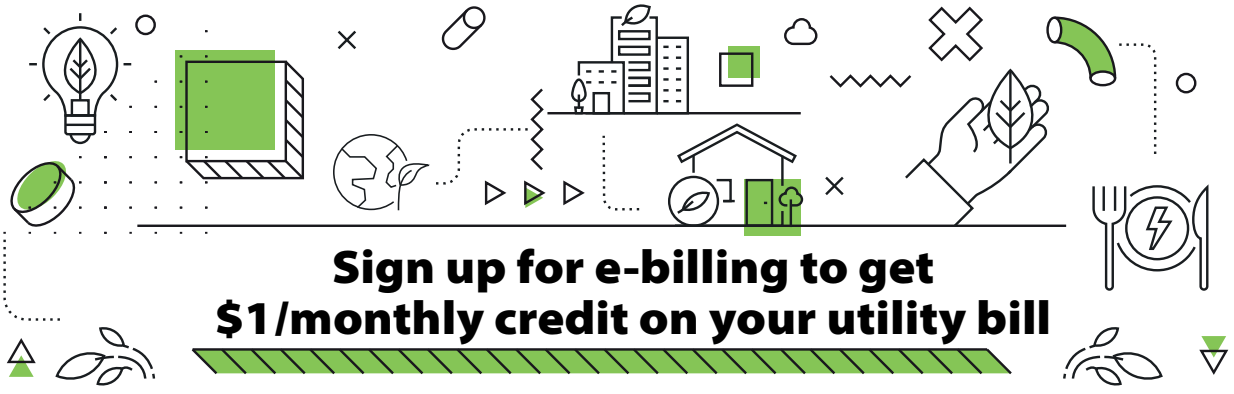
SUN	MON	TUES	WED	THURS	FRI	SAT
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19	20	21	22	23	24	~~25~~
26	27	28	29	30	31	



TOWN OF Westlock

Our guidelines are to ensure every Buddy, Rover, Spot and Roscoe gets to enjoy the off-leash park. Follow the posted guidelines or visit **westlock.ca/p/off-leash-dog-park** before you go!

TOWN OF Westlock



Sign up for e-billing to get $1/monthly credit on your utility bill

To register, email **finance@westlock.ca** with the subject line **register for e-bill**.
Then in the body of the email include the name on the account, service address, account number, owner's phone number(s) and email address for bill delivery.

Download the utilities registration form at **bit.ly/2MH8f6f.**

For more information, contact us at 780-349-4444

DID YOU KNOW?

Alberta's next Municipal Election is October 18, 2021.

✓ Are you interested in serving your community as a Town of Westlock Council member?

Nominations are being accepted until noon on nomination day, Monday, September 20, 2021.

✓ Are you prepared to commit your time and energy over the next four years?

Contact the Returning Officer, Annette Boissonnault at 780-350-2101.

TOWN OF Westlock

Visit www.westlock.ca/p/2021-municipal-election.



Westlock Child Care Society

Alberta Approved Family Day Homes

Our Family Day Home Agency is expanding!

We are seeking Family Day Home educators who are passionate about meeting children's needs in a home environment. Successful applicants can offer subsidized child care fees for qualifying families, and be able to participate in the Federal Child Care Plan of an average $10/day for affordable, accessible, and quality child care, parts of which are starting as soon as 2022.

We follow the *Family Day Home Standards for Alberta*, *Early Learning and Child Care Act* and *Regulation*, and value building strong relationships with our educators, families, and community.

Call us to find out more!
780.379.0166

DO YOU KNOW WHEN TO CALL 9-1-1?

CALL 9-1-1 WHEN:

- There's a fire
- Someone has passed out
- Someone suddenly seems very sick and is having a hard time speaking or breathing or turns blue
- Someone is choking
- You see a crime happening, like a break-in
- You are in or see a serious car accident

Give the operator all the information you can about the emergency and how it happened.

A message from the Town of Westlock Fire Department.

10003-106 Street, Westlock, AB
780-350-2114

WESTLOCK & DISTRICT PALLIATIVE CARE SOCIETY



The Westlock & District Palliative Care Society (WDPCS) is a registered charitable organization which is comprised solely of volunteers.

Our mission is to provide quality end-of-life comfort and support to the terminally ill and their families in the Westlock and surrounding areas whether in the Home, Lodge, Health Care Center or Continuing Care Center. In addition to End- of- Life services, volunteers also offer respite to caregivers.

Conversations about the "D" Words, is a monthly open discussion anyone can join about death, dying, and dignity which is held on the first Tuesday of the month via zoom.

The services provided by the WDPCS are free, however donations are gratefully accepted.

Volunteers and Membership to WDPCS is accepted ongoing.

Contact Lisa Patrick, End-Of-Life Doula 780-349-9446 or Linda Saunders, President, WDPCS 780-349-4643

FASD NETWORK | Northwest Central Alberta

Awareness & Prevention Education & Training

Assessment & Diagnostics

Supports for Individuals and Caregivers

www.nwcfasd.ca 780-305-8827

angelak@nwcfasd.ca



When you sign up for alerts from the **Westlock Regional Notification System: Connect**, you will get the latest news, events, and information from our region.

While you're there, do not forget to opt-in for notifications from the **Westlock and Area Crime Coalition** (**WACC**).

www.westlockcounty.com

Westlock COUNTY growing opportunity

www.villageofclyde.ca

VILLAGE OF CLYDE

www.westlock.ca

TOWN OF Westlock

LOOKING FOR WORK?

Are you someone who has a disability?
We can help you!

Call

EMPLOY Abilities NORTH

780-307-3470
www.employabilities.ab.ca

Westlock Family Connections

Offering caregiver education and programs focusing on child development, asset building, parenting, and strengthening family bonds.

Supporting families with children 0 - 18 yrs old in Westlock & Westlock County.

Caregiver Education

Child Development Screening
Ages & Stages Questionnaires online for children 2 - 66 mos www.asqonline.com/family/c04f4f

Family Programming

Call for information or to register for programs 780-307-2444 ext. 2 or visit www.hfalberta.com/westlock-family-connections

Find us on facebook www.facebook.com/Westlockfamilyconnections

Healthy Families Healthy Futures

Rural Connections Family Resource Network

Alberta Provincial Family Resource Networks

Alberta Healthy Living Program

Education that supports your health and your life.

- Weight Management, COPD, Heart & Stroke, Diabetes, Stress Management
- Exercise program; on-line, in real-time with an exercise therapist.
- Workshops for people living with Chronic Illness or Pain

Better Choices, Better Health®

Find all the class information, dates and times on-line.

www.healthylivingprogram.ca

For information
1-877-349-5711



Alberta Health Services



WJS Canada provides social services to children, youth, adults and families facing difficulties. We take a personalized, trauma-informed approach to care in an environment of cultural respect and support.

www.wjscanada.com

wjs Canada

Find us on Facebook

Community Futures

Growing Communities One Idea at a Time.

Ph: 780-349-2903

We are proud to support rural small businesses.
We offer a wide range of services to help you reach your business goals

Guidance, One-on-One Coaching, Business Plan Assistance, Marketing Assistance, Financing

Term Loans & Lines of Credit up to **$150,000**

www.tawatinaw.albertacf.com

Youth Entrepreneurship Programs

Lemonade Day
Kids k-12 learn about business while running their own Lemonade Stand.
Registration opens Spring 2021
Next Lemonade Day: June 19, 2021

Head Star in Business ALberta
Head Start in Business Alberta promotes Youth Entrepreneurship and offers an exceptional lineup of FREE facilitated in school programs and public events for youth kindergarten and up
www.headstartinbusinessalberta.com

Adulting: 101
Our Adulting Workshop Series gives Teens & Young Adults the skills they need to start life on their own with confidence.
www.cfadulting.com

BIZKIDS
Kids Ages 11-17 can learn to Start & Manage their own business.
www.cfbizkids.com

Small Business Courses

- **Facebook for Business**
- **Internet Marketing Fundamentals**
- **Bookkeeping: 101**
- **Starting a Business: 101**
- **Instagram for Business**
- **Marketing Basics**
- **Website Building with Wix**
- **Trade Show Training**
- **Sage 50 and more**

For a full list of courses currently being offered
please visit our website.
New courses and dates are being added all the time.

www.cfcourses.com



Do you have preschool children at home? We offer Early Learning preschool programs at some of our community schools.

These specialized programs are focused on 3 and 4 year old's, many who need extra help with speech, language, behaviour, etc.

We're taking applications for the 2021-2022 school year. Although we have limited spots, we encourage **all** parents with preschool children to reach out to us to see if Early Learning might be a good fit for your child. Apply online today at https://earlylearning.pembinahills.ca/registration/

For more information call 780-674-8545 or email el.main@pembinahills.ca.

Welcome to...

Westlock Libraries

www.westlocklibrary.ca
780-349-3060
#1 - 10007 100 Ave
Westlock AB T7P 2H5

More Than You Expect

Healthy Families Healthy Futures

Our Vision ~
Resilient Individuals
Resourceful Families
Responsive Communities

Our programs are offered in Westlock and the surrounding area.
Call 780-307-2444 for more information or referral.

Home Visitation
Offering in-home mentorship, from a dedicated support person, starting as early as pregnancy and extending into the first six years of a child's life.

Parent-Child Assistance Program
Encouraging individuals to reduce or stop alcohol and/or drug use during pregnancy by providing extensive, practical assistance and long-term emotional support to make fundamental changes in their lives.

FASD Mentorship
Mentorship for those who may be prenatally exposed to drugs and/or alcohol, possibly resulting in Fetal Alcohol Spectrum Disorder.

Thrive Outreach
Supporting individuals impacted by abusive relationships to evaluate personal safety and create safety plans. We provide emotional support while encouraging the realization of individualized goals.

Westlock Family Connections
Offering caregiver education and programs focusing on child development, asset building, parenting, and strengthening family bonds.

Learn more about our regional coverage and program details at www.hfalberta.com

Community Assistance Bus

Monday to Friday 8 a.m. to 4 p.m. | One way trip $6.50 Round trip $13
Door to door service within the Town of Westlock | Call to book a ride: 780-349-5900



TOWN OF Westlock

FCSS Family and Community Support Services



NOW OPEN!

MOUNTIE PARK CAMPGROUND
100 Street and 96 Avenue

BOOK ONLINE AT:
westlock.ca/p/mountie-park-campground

TOWN OF Westlock

**in compliance with all provincial COVID-19 measures*
***subject to change without notice*

SAVE THE DATE

FCSS Family and Community Support Services
Westlock & District

Westlock & District F.C.S.S. Programming

Coming This Fall

(pending COVID-19 restrictions)

- **Babysitting Course**
- **Home Alone Course**
- **Senior's Conference**
- **Women's Conference**
- **Senior's Bus Trip**
- **Programs for Non Profits**

Watch our social media and webpage for details.

Contact us at 780-349-5900



Campfire Safety Tips

All it takes is one spark for things to go wrong. Be sure to build your campfire in a way that does not endanger anyone or the surrounding forest. Enjoy a safe campfire by following these campfire safety tips:

- Stack extra wood upwind and away from the campfire so sparks from the campfire cannot ignite your woodpile. Have sufficient wood on hand to eliminate the need to leave your campsite to restock.
- Keep plenty of water and a shovel around to douse the fire when you're done.
- Once the water has been applied, stir the dampened coals and douse it again with water.

WESTLOCK PROTECTIVE SERVICES FIRE DEPARTMENT

For more information:
westlock.ca/p/fire-safety-fire-bans-fire-advisories

Providing Assistance to Victims of Crime and Tragedy

What we offer:

- Emotional support
- Information about the Criminal Justice System
- Information regarding your case
- Court Support and updates
- Referral to other appropriate agencies
- Information about programs and services available to you
- Information about applying for Court Orders
- Safety Planning assistance

YOU ARE NOT ALONE

780-349-3443

WESTLOCK COMMUNITY
VICTIM SERVICES UNIT

Westlock
EMPLOYMENT SERVICES INC.

In partnership with Whitecourt Employment Services Inc.

JOB CLUB

Free and confidential
Available to all Albertans
Currently being offered virtually

Personalized Resume Development, Cover Letters, Basic Computer Skills, Job Search, Interview Assistance & Pre-employment Skills

GIVE US A CALL

Barrhead Lee-Anne Stark 780-779-1100
Westlock Angie Ophus 780-778-1677
and Erin Galliot 780-779-1580
Athabasca Nadine Byers 780-213-0007



Visit our website for more tips and advice
www.whitecourtemployment.com

WECAN
Food Basket
Society
Westlock Depot



WECAN Food Basket believes everyone has the right to healthy and affordable food. Each food basket has fresh fruits and vegetables and frozen meat.

Baskets can be pre-ordered at the beginning of each month either online at www.wecanfood.com or prepaid with cash. Please contact your local Westlock Depot Coordinator at 780-307-7760 for more details.

www.wecanfood.com

Pregnancy Care Centre

Unexpected pregnancy?

You are not alone

We are here to listen and provide resources to support you.

We provide - options education – pregnancy tests – parenting classes

Sexual brokenness?

Sexual brokenness does not have to destroy your dignity. You can seize the opportunity to move toward wholeness through Steps to Sexual Health

Abortion recovery?

Did you know there is a safe place to process your emotions after abortion? There is comfort. You can heal. You can find peace.
Info@abortionrecovery.ca

Male mentoring

Male mentors teach by example, by actions, encouraging, explaining and standing side by side with young men who would like support as they enter manhood and/or fatherhood

Contact us!

Hours:
Tuesday – Thursday
9am -4:30pm

Director: Kim Webster
kim@pregnancycarecntre.ca
Phone: 780-282-0161 Text: 587-874-0155

The Mall 4929-50 Ave,
Barrhead, AB

Did you know we have a

VIRTUAL REC ROOM

at the Westlock Aquatic Centre!

Summer rates in effect until September 30

$20/hour



The game simulator is equipped with golf, soccer, baseball, and zombie dodgeball.

Or bring in your own game console for a theatre-style gaming/movie experience.

For more information or to book your time slot, call us today

780-349-6677!

Summer 2021

COMMUNITY GUIDE

TOWN OF
Westlock