

Summer

Program Guide
June – August 2022



*Registration
Opens*
June 10



**TOWN OF
Westlock**



A Community with Spirit!

Welcome to the Town of Westlock

2022 Summer Program Guide!

The Town of Westlock is committed to providing our residents excellent services and recreation opportunities. We hope you enjoy the activities and events found within this guide and that you participate in and support these opportunities. Ensure you check the day before or the day of the event to be prepared for these programs.

We are very excited about the **Canada Day** festivities as our newly formed Community Events Committee is hard at work planning so many activities. There will be something for everyone to enjoy.

This committee is also hard at work on a new event and is happy to present **Music in the Park** on **August 14**. Save that date and watch for details at www.westlock.ca/p/festivals-and-events.

Don't miss out on announcements and updates, bookmark our website at www.westlock.ca and follow us on Facebook at www.facebook.com/townofwestlock.

SAVE THE DATE!

**REGISTRATION OPENS
WEDNESDAY, JUNE 10**



Canada Day



www.westlock.ca

Festivities will include:

Free Pancake Breakfast

Dog Show

Kid Zone

Skatepark Competition

Bike Parade/Dog Parade

Jamboree/Ukrainian Dancers

Free Swim

Firefighter Challenge

Market

Food Vendors

Inflatables

Fireworks

Youth Market

Face painting & Henna

2022 Canada Day Festivities brought to you by the Community Events Committee, Town of Westlock, sponsors, and many dedicated volunteers.

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Town of Westlock Contact Information

Town of Westlock (Town Hall)

10003-106 Street, Westlock, Alberta T7P 2K3

Phone: 780-349-4444 | Toll Free: 1-866-349-4445 | Fax: 780-349-4436 | info@westlock.ca | www.westlock.ca

Chief Administrative Officer

Simone Wiley, CAO 780-350-2100

The Chief Administrative Officer (CAO) for the municipality ensures that the policies and programs of the town are implemented. The CAO advises and informs Council on the municipality's operations while performing and exercising the duties, functions, and powers assigned through the *Municipal Government Act* and Council.

The Chief Administrative Officer also oversees Protective Services, Fire Department, and Emergency Management.

Community Services

Gerry Murphy, Director 780-350-2115

The Community Services department is responsible for making available health and fitness opportunities in the town. The management of the recreation and town facilities, parks, and trails within Westlock is provided by this department. Community Services also oversees FCSS and the Community Bus.

Tracy Proulx,
Westlock & District FCSS Executive Director
780-349-5900

Community Assistance Bus
780-349-9432

Travis Darling, Spirit Centre Supervisor
780-349-6654

Jasmine Ducharme, Acting Aquatic Centre Supervisor
780-349-6677

Finance

Julia Seppola, Director 780-350-2103

The Finance department is responsible for budgeting, property tax, accounts receivable, accounts payable and utilities.

Development Services

Krystle Fedoretz, Director 780-350-2111

Legislation information and requirements regarding land use, planning, and safety codes are available from the Planning and Development department. The department also includes business licenses, GIS and mapping, economic development and municipal enforcement services.

Operations

Robin Benoit, Director 780-349-0237

For Operations on-call number, call 780-349-0178

Roadways, water, sanitary systems, and other town infrastructure is managed and maintained by the Operations department.

Legislative Services

Annette Boissonnault, Municipal Clerk 780-350-2101

Legislative Services includes activities related to the custody and maintenance of bylaws, policies, corporate records, Council agendas and minutes, elections, and the administration of the *Freedom of Information and Protection of Privacy Act* (FOIP).

Town of Westlock Emergency Contact Information

In the event of an emergency, call 9-1-1.

Fire & Rescue Services

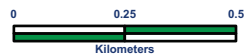
Stuart Koflick, Fire Chief and Deputy Director
of Emergency Management
780-350-2114

Westlock RCMP

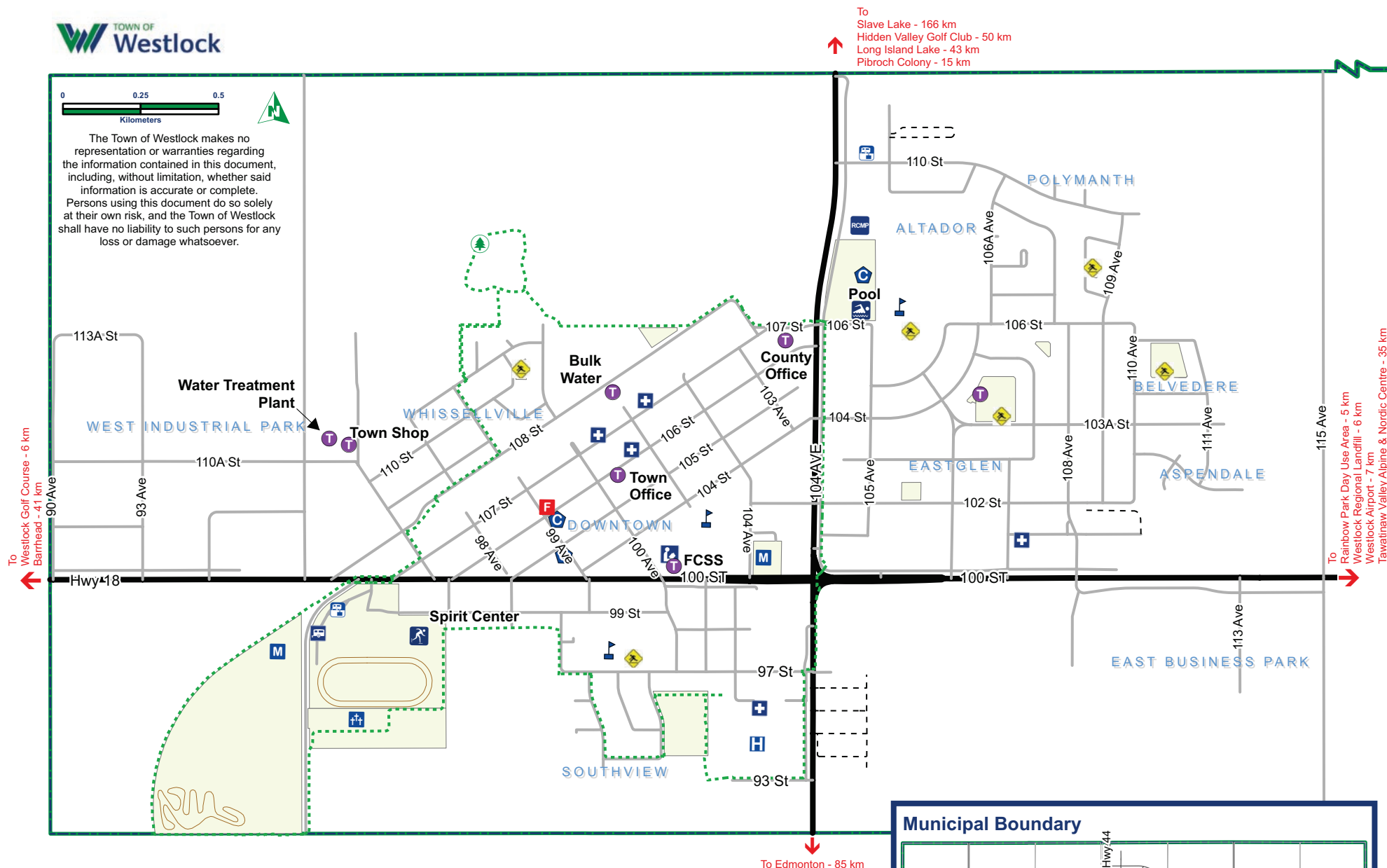
780-349-4492

Municipal Enforcement Services

Randy Burgess, Community Peace Officer
780-350-2107



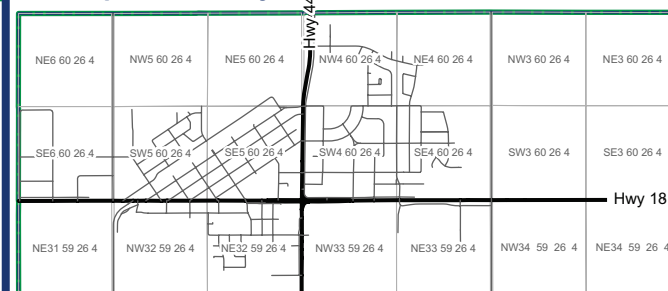
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Legend

	Campground		Library		RCMP Station		Highway
	Cemetery		Municipal		Sani-Dump		Town Road
	Community Hall		Museum		School		Private Road
	Fire Hall		Park		Spirit Centre		Parks
	Health		Playground		Racetrack		Municipal Boundary
	Hospital		Pool		Rotary Trail		

Municipal Boundary



Westlock Rotary Spirit Centre's 10 Year Anniversary

RETRO ADMISSION PRICES (June 6 to 12)

Day Pass

Child (3-14)	\$3.50	Child (3-14)	\$30.55
Youth (15-17)	\$5.00	Youth (15-17)	\$42.00
Adult (18-59)	\$6.50	Adult (18-59)	\$52.50
Senior (60+)	\$5.00	Senior (60+)	\$42.00
Student (18+ w/ valid Student I.D.)	\$5.00	Student (18+ w/ valid Student I.D.)	\$42.00
Family	\$15.00	Family	\$105.00

One Month Pass

Cannot be combined with any additional discounts. User can purchase multiple passes at once. Additional passes will be frozen and will start at the expiration of current pass.

CIRCUS FUNTASTIC (JUNE 8 4:30 P.M. & 7:30 P.M.)

TICKETS AVAILABLE NOW ONLINE!!!!

(May purchase tickets the day of at the CircusFuntastic Box Office)

Don't forget your Free Kids Ticket with the purchase of an adult ticket.

(1 Free Child per 1 Paid Adult)

Please visit www.circusfuntastic.com for tickets, showtimes and updates.

JUNE 11

Free BBQ

from 11:30 a.m. to 1 p.m.

Free Movie in the Arena:

Sing 2

The show starts
at 3 p.m.

*Free popcorn and refreshments
throughout showing*

Recreational Showcase

from 11:30 a.m. to 3 p.m.

Don't forget to check out the Town of Westlock Surplus Garage Sale

June 9 from Noon to 6 p.m. and June 10 from 11 a.m. to 7 p.m.

9603-100 Street, Curling Rink



Surplus Garage Sale

June 9 from Noon to 6 p.m. | June 10 from 11 a.m. to 7 p.m.

9603-100 Street, Curling Rink | Contact: 780-349-4444

We've been spring cleaning so on June 9 and 10, head on over to the Curling Rink at 9603-100 Street for our surplus garage sale.

We will have various office supplies, office chairs, bikes, and other items.

June 9 from Noon to 6 p.m.

June 10 from 11 a.m. to 7 p.m.

*(*not to be confused with the
Town Wide Garage Sale we are
planning for August 6 & 7)*

LIFEGUARDS

Looking for a job that combines fun, training, and skills you will use throughout your life?

- Fitness and Stamina
- Communication Skills
- Self-confidence
- Leadership Skills
- Understanding of Health and Safety Procedures
- Ability to Respond in an Emergency

**Contact the Westlock Aquatic Centre today at 780-349-6677
for information on how to become a lifeguard.**

Watch www.westlock.ca/p/employment for upcoming opportunities.

Calling All



Volunteers!

- Want to help the Town of Westlock's Community Event Committee run some amazing events?
- Want to get involved but have limited time to spare? How about signing up for our volunteer list?
- When you sign up for the volunteer list, you will provide much-needed support to our community by helping out during our events.

What will you do?

- run a registration or sign up desk
- help set up and tear down
- supervise activities or venues

How can you sign up?

Contact us at info@westlock.ca with your name, contact information, and availability.

Please note a criminal record and child welfare check is required.

Thanks to our event sponsor:

Westlock
CATS
Cultural Arts Theatre Society



Music in the Park

save the date: **August 14, 2022**



Brought to you by the Community Events Committee, Town of Westlock, sponsors, and many dedicated volunteers.

Westlock & District FCSS

10007-100 Avenue, Westlock, AB

Phone: 780-349-5900



FCSS is a partnership between the Town of Westlock, Westlock County, and Village of Clyde. Our services are available to all residents in those communities. We promote local-driven partnerships that encourages the community to strengthen and grow.

General Information & Referral

FCSS is a community resource that provides information and/or makes referrals regarding local and external programs and services.

Donations may be made in person or online www.westlock.ca/p/fcss.



REMINDER: Westlock & District FCSS moved offices to the Heritage Building at 10007-100 Avenue, on June 22, 2021.

Community Development

Learning opportunities are coordinated to support Non-Profit organizations in the areas of Board & Leadership Professional Development. Look for the Fall/Winter workshop series.

Adults and Seniors Programs (year-round)



Forms Assistance: We can help complete forms for Provincial and Federal Income Support Programs:

- ✓ Alberta Seniors Benefits
- ✓ Special Needs Assistance for Seniors
- ✓ CPP
- ✓ Old Age Security



Meals on Wheels: In partnership with the Homeland Housing, volunteers deliver nutritional meals to seniors or disabled residents. Meals (minimal cost for each meal) are delivered Monday to Friday during the lunch hour.



Home Support Services: Home Support Workers are available to assist with routine housekeeping duties for individuals with disabilities, the elderly, the chronically ill, or those suffering from short-term illness. Fees apply.



Volunteer Income Tax: Volunteers assist low-income individuals, families, and seniors in Westlock and district with completing basic tax returns, at no cost.



Seniors Welcome Package: A welcome and information package is available for new seniors to the Westlock and district area.



Keeping in Touch: Connects the people in our community with others through a weekly telephone support system. Through Keeping In Touch, we can connect you with a friendly person to chat with they can help you find resources.



Volunteer Driver: On request and if available, volunteers will transport clients to medical appointments in Edmonton, St. Albert or Barrhead. A small fee is paid directly to the driver.

Westlock & District FCSS

10007-100 Avenue, Westlock, AB

Phone: 780-349-5900

Families and Youth Programs (year-round)



Family School Liaison: Family School Liaison workers are available in the schools to provide supportive counselling to children and their families experiencing difficulties, either at home or in school.



Caring for Kids & Families: With community and business donations, FCSS coordinates the payment of emergency/extraordinary expenses for kids and families.



Youth Outreach: Providing one on one support to youth 16 to 21 years to help them set goals and develop life skills.



Christmas Spirit: This annual campaign is coordinated for community residents based on income levels. Information available in early November. Donations accepted year-round.



Coats for Kids & Families: Winter clothing (coats, boots, toques, mitts) donations for all ages are accepted and available to community residents.

UPCOMING EVENTS

Seniors' Week | June 6 to 12

Westlock & District FCSS will be hosting the following presentations during Seniors' Week:

Seniors Benefits & Credits

Wednesday, June 8
10 a.m.

Be Scam Smart

Thursday, June 9
10 a.m.

You Matter, We Care

Friday, June 10
10 a.m.

Coffee & treats will be provided

Senior Bus Trips are Back!

- Watch our social media and webpage for details on upcoming summer trips.

Seniors Conference

- Coming this Fall! Opportunity for learning, entertainment and food.

Parking Lot Party

- Everyone is invited for a free afternoon of fun and food!

CHECK OUT OUR UPCOMING YOUTH PROGRAMS

Teen Summer Program

12-16 year olds, \$10 Fee
Full-day Wednesdays in July and August
FCSS Office (10007-100 Ave., Westlock)
Half-day community volunteering,
half-day activities

Babysitting Course

12+ years old, \$50 Fee
June 17 (6 to 8 p.m.) and
June 18 (10 a.m. to 4 p.m.)
FCSS Office (10007-100 Ave., Westlock)
Bring your own lunch/snacks/water &
baby sized bear/doll

Home Alone Program

Grades 4-6, \$10 Fee
June 25 (1 to 4:30 p.m.)
FCSS Office (10007-100 Ave., Westlock)
Bring snacks and water bottle

Kick off to Summer Party

June 24, 6 to 9 p.m.
Presentation from
Alberta Health Services
on addiction & mental health

Teen Nights @ Aquatic Centre

Teen Swim Night

July 22, 6 to 8 p.m.
Presentation from
Westlock Aquatic Centre
on water safety

Indigenous Cultural Night

August 26, 6 to 8 p.m.
Presentation from
Bent Arrow Traditional Healing Society
on Indigenous history & culture.



UPCOMING EVENTS!

COMING FALL 2022

Home Alone &
Babysitting Course

Parking Lot Party

Senior's Conference

Senior's Bus Trip

Programs for Non Profits

Women's Conference

YOUR PARTICIPATION MAKES A DIFFERENCE, VOLUNTEER TODAY



**Contact Westlock & District FCSS for information on
upcoming programs or to volunteer.**

www.westlock.ca/p/fcss | 780-349-5900

programming subject to change

Planning Any Home Improvements?

Development Services is ready to help guide you through your home improvement projects.

Projects that do not need a permit:



Fences

Fences do not require a permit if they are 6.0ft or less in your rear yard and 3.0ft or less in your front yard.



Sheds (102.3 sq ft or less)

Small sheds do not require a permit if they are 1.0m (3.3ft) from your side and rear property lines.



Landscaping

A permit is not required for landscaping that does not change the grade and drainage of your property.



Cosmetic Renovations

Painting, flooring, siding, windows and doors (same size of opening), roofing, etc. do not require permits.

Projects that need a permit:



Garages & Sheds (Over 102.3 sq ft)

Development and building permits are required.



Uncovered Decks

Decks 2.0ft or higher from grade require development and building permits.



Hot Tubs and Swimming Pools

Above ground hot tubs and swimming pools require a building and an electrical permit.



Covered Decks and Additions

Development and building permits are required.

Visit www.westlock.ca/p/home-improvement for more information.
Questions? Call 780-349-4444 or email planning@westlock.ca.



Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Hours: Monday to Friday
7 a.m. to 9 p.m.

Saturday
12 to 4:30 p.m.

Sunday
12 to 5 p.m.

Holiday Hours:

Canada Day July 1 12 to 5 p.m.

Heritage Day August 1 12 to 5 p.m.

Annual Maintenance shutdown - August 29 to
(tentative) Thanksgiving Weekend

Visit www.westlock.ca for pool schedules

Phone: 780-349-6677

Facility Features

- Six Lane Swimming Pool with Climbing Wall
- Zero Depth Splash Park Area
- Rope
- Hot Tub
- Steam Room
- 24 Hour Gym
- Virtual Rec Room (sport simulator & game console hook up)
- Squash and Racquetball Court
- All Purpose Room
- Locker Room

***Please note schedules are subject to change without notice. ***

SAVE THE DATE!
SWIM LESSON
REGISTRATION
OPENS JUNE 10

We have a WIBIT available for rent for private rentals!



Rental price is: \$100 + GST on top of the pool rental fee for a minimum of 2 hours rental time.

We will also be putting the WIBIT in the water for some public swims.

Watch our Facebook page for announcements.

www.facebook.com/westlockaquaticcentre

Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

Rates and Admissions

All drop-in admission rates, facility rental rates and membership pass fees are outlined in the Fees & Rates Bylaw.

Child (3 to 14 years)

- Day Pass \$4.00
- 10x Pass \$36.00
- 1 Month Pass \$32.00
- Annual Pass \$248.00

Youth (15 to 17 years) / Student (18+ with a valid student ID)

- Day Pass \$5.50
- 10x Pass \$49.50
- 1 Month Pass \$44.00
- Annual Pass \$352.45

Adult (18 years to 59 years)

- Day Pass \$8.00
- 10x Pass \$72.00
- 1 Month Pass \$64.00
- Annual Pass \$495.00

Senior (60+ years)

- Day Pass \$6.20
- 10x Pass \$55.80
- 1 Month Pass \$49.60
- Annual Pass \$384.40

Family

- Day Pass \$17.50
- 10x Pass \$157.50
- Month Pass \$140.00
- Annual Pass \$1,085.00

Swim Lessons

- Parent & Tot
\$48.65/lesson/child
- Swim Kids Levels 1 - 4
\$54.05/lesson/child
- Swim Kids Levels 5 - 6
\$59.50/lesson/child
- Swim School Lessons (per student)
\$33.50/lesson
- Private Lessons
\$22.70/half hour
- Adult Swim Lessons
\$59.50/lesson/adult

Details on passes

- Day Pass
- Drop-in
- 10x Pass
 - 10 full-day visits for the price of 9, does not expire
- 1 Month Pass
 - Unlimited access for one month expires one month after the date of purchase. After 9 visits, you are accessing the facility at no cost.
- Annual Pass
 - For regular users, this pass gives you unlimited individual admissions and expires 1 year after the date of purchase.
- Family Rate
 - Two adults and unlimited children living in the same household and using the facility at the same time. A child is anyone 18 years old or younger, or a student under the age of 24 with a valid student ID.

*all prices are subject to change without notice



Private Swimming Lessons

Private swimming lessons for both adults and youth run weekly but do fill up fast. Please contact the Westlock Aquatic Centre to book your private lessons today!

Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

PARENT AND TOTS (six week program)

COST: \$48.65

The Parent & Tot Program structures in-water interaction between parent and child to stress the importance of play in developing water-positive attitudes and skills. Activities and progressions are based on child development, so parents register in the level appropriate for their child's age. Lifesaving Society Water Smart® education complements skill learning.

Swim for Life – Parent and Tot 1	
4 months - 1 year	Designed for the 4 to 12-month-old to learn to enjoy the water with the parent.
Swim for Life – Parent and Tot 2	
1 year - 2 years	Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.
Swim for Life – Parent and Tot 3	
2 years - 3 years	Designed for the 2 to 3-year-old to learn to enjoy the water with the parent.

Swim for Life - Parent & Tot		
Designed for the toddler to learn to enjoy the water with the parent. Lifesaving Society Water Smart® education complements skill learning.		
Level	Dates	Times
4 months – 2 years		
Summer 2022		
Parent and Tot 1	July 25 to July 29	10:00 to 10:30 a.m.
Parent and Tot 1	August 22 to 26	10:00 to 10:30 a.m.
Parent and Tot 2/3	July 4 to 8	10:00 to 10:30 a.m.
Parent and Tot 2/3	August 8 to 12	1:00 to 1:30 p.m.



programming subject to change

Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

PRESCHOOL LEVELS 1 - 5 (eight week program)

COST: \$48.65

The Preschool Program gives children a head start on learning to swim. Preschool Programs develop fundamental physical literacy skills for aquatic activities.

In our preschool program we work to ensure 3 - 5 year olds become comfortable in the water and have fun developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

Swim for Life – Preschool Level 1

These preschoolers learn to enter and exit shallow water safely and to put their face in the water blowing bubbles. They will learn to move safely in shallow water and to wear a lifejacket to be comfortable with floats and back glides.

Swim for Life – Preschool Level 2

These youngsters will jump into chest deep water and learn to submerge and to exhale underwater. They will be introduced to lateral rollovers and will practice front and back glides as well as flutter kick wearing a lifejacket or other buoyant aid.

Swim for Life – Preschool 3

These youngsters will perform a sideways entry into deep water wearing a lifejacket. They will recover objects from the bottom in waist deep water. They will master independent front and back floats, lateral rollovers, front and back glides, and flutter kick on front and back.

Swim for Life – Preschool Level 4

These independent preschoolers will master short swims of front crawl (5 m) and will be introduced to side glides and flutter kick performed on their side. New challenges such as opening the eyes underwater, pendulum rollovers onto the back, and treading of water using the sculling action of hand are presented at this level.

Swim for Life – Preschool 5

These skilled preschoolers will demonstrate that they can support themselves in deep water for 10 seconds using the sculling action and a supportive kick. Wearing a lifejacket, they will practice a forward roll entry into deep water. Whip kick, back crawl, and interval training will also be introduced. Preschool 5 graduates will be prepared to enter Swimmer 2 at 6 years of age.

programming subject to change

Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

Preschool levels 1 - 5			
Summer 2022	Level	Dates	Times
	Preschool 1	July 18 to 22	3:00 to 3:30 p.m.
	Preschool 1	July 25 to 29	10:35 to 11:05 a.m.
	Preschool 1	July 25 to 29	3:00 to 3:30 p.m.
	Preschool 1/2	August 22 to 26	10:50 to 11:20 a.m.
	Preschool 2/3	July 4 to 8	11:20 to 11:50 a.m.
	Preschool 2	July 11 to 15	4:25 to 4:55 p.m.
	Preschool 2/3	August 8 to 12	3:35 to 4:05 p.m.
	Preschool 2/3	August 22 to 26	3:00 to 3:30 p.m.
	Preschool 3	July 25 to 29	3:50 to 4:20 p.m.
	Preschool 4/5	July 4 to 8	3:50 to 4:20 p.m.
	Preschool 4/5	July 11 to 15	3:35 to 4:05 p.m.
	Preschool 4/5	July 25 to 29	11:10 to 11:40 a.m.
	Preschool 4/5	August 15 to 19	3:00 to 3:30 p.m.
	Preschool 4/5	August 22 to 26	11:25 to 11:55 a.m.



programming subject to change

AQUAFIT

Enjoy a workout that is invigorating and refreshing, yet low impact. This class combines cardiovascular fitness and muscle strength to provide you with an enjoyable workout. Suitable for all ages and fitness levels.

JOIN US EVERY

Monday, Wednesday, and Friday
8:45 to 9:45 a.m.

Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

SWIMMER LEVELS: SWIMMER 1 - 4 (eight week program)

COST: \$54.05

SWIMMER 5 - 6 (eight week program)

COST: \$59.50

The Swimmer Program makes sure children learn the fundamental physical literacy skills for aquatic activities. Progressions accommodate 5 - 12 year olds, including beginners and swimmers who want to build on the basics.

Lots of in-water practice develops solid swimming strokes and skills. Water Smart® education is part of every level.

Swimmer 1

This level is the foundation for swimming skill development. These beginners will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale, and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Swimmer 2

These advanced beginners will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

Swimmer 3

These junior swimmers will dive and do in-water front somersaults and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Swimmer 4

These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Swimmer 5

These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl and 4 x 15 m breaststroke.

Swimmer 6

These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, working their way up to the 300m workout.

programming subject to change

Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

Swimmer Levels			
Summer 2022	Level	Dates	Times
	Swimmer 1	July 4 to 8	10:35 to 11:05 a.m.
	Swimmer 1	July 4 to 8	4:25 to 4:55 p.m.
	Swimmer 1	July 11 to 15	3:00 to 3:30 p.m.
	Swimmer 1	July 25 to 29	10:00 to 10:30 a.m.
	Swimmer 1	July 25 to 29	11:25 to 11:55 a.m.
	Swimmer 1	July 25 to 29	3:35 to 4:05 p.m.
	Swimmer 1	August 8 to 12	3:00 to 3:30 p.m.
	Swimmer 1	August 15 to 19	3:35 to 4:05 p.m.
	Swimmer 1	August 22 to 26	10:35 to 11:05 a.m.
	Swimmer 1	August 22 to 26	3:35 to 4:05 p.m.
	Swimmer 2	July 4 to 8	11:10 to 11:40 a.m.
	Swimmer 2	July 4 to 8	4:25 to 4:55 p.m.
	Swimmer 2	July 11 to 15	3:00 to 3:30 p.m.
	Swimmer 2	July 18 to 22	3:00 to 3:30 p.m.
	Swimmer 2	July 25 to 29	10:35 to 11:05 a.m.
	Swimmer 2	July 25 to 29	4:25 to 4:55 p.m.
	Swimmer 2	August 8 to 12	4:25 to 4:55 p.m.
	Swimmer 2	August 15 to 19	3:00 to 3:30 p.m.
	Swimmer 2	August 22 to 26	11:10 to 11:40 a.m.
	Swimmer 2	August 22 to 26	3:00 to 3:30 p.m.

programming subject to change

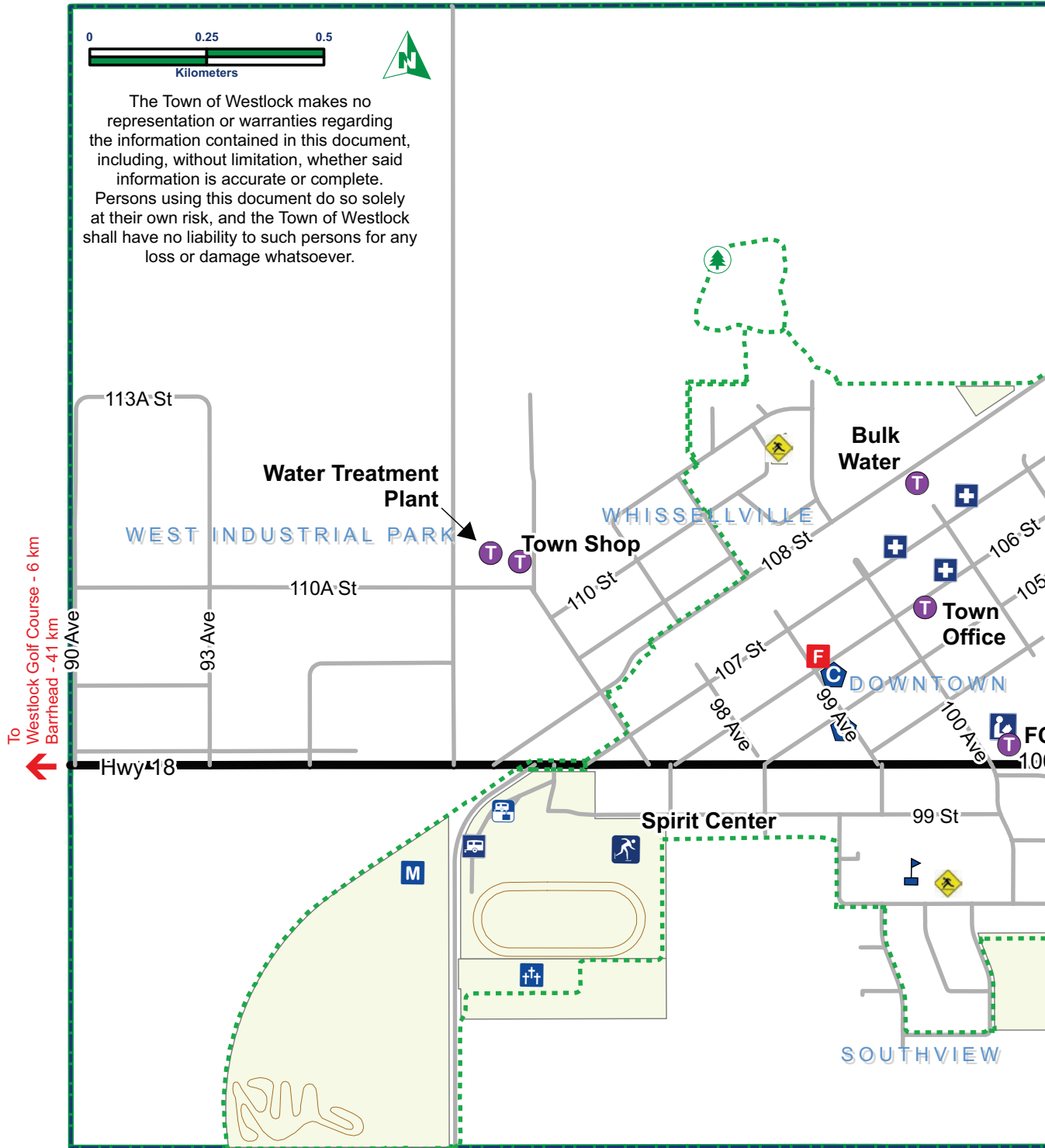
Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

Swimmer Levels			
Summer 2022	Level	Dates	Times
	Swimmer 3	July 4 to 8	10:00 to 10:30 a.m.
	Swimmer 3	July 4 to 8	3:35 to 4:05 p.m.
	Swimmer 3	July 11 to 15	4:10 to 4:40 p.m.
	Swimmer 3	July 18 to 22	3:35 to 4:05 p.m.
	Swimmer 3	July 25 to 29	10:50 to 11:20 a.m.
	Swimmer 3	August 15 to 19	3:35 to 4:05 p.m.
	Swimmer 3	August 22 to 26	10:50 to 11:20 a.m.
	Swimmer 3	August 22 to 26	3:35 to 4:05 p.m.
	Swimmer 4	July 4 to 8	10:35 to 11:15 a.m.
	Swimmer 4	July 25 to 29	3:00 to 3:45 p.m.
	Swimmer 4	August 8 to 12	3:35 to 4:20 p.m.
	Swimmer 4	August 15 to 19	4:10 to 4:55 p.m.
	Swimmer 4	August 22 to 26	10:00 to 10:45 a.m.
	Swimmer 4	August 22 to 26	4:10 to 4:55 p.m.
	Swimmer 5/6	July 4 to 8	3:00 to 3:45 p.m.
	Swimmer 5/6	July 18 to 22	4:10 to 4:55 p.m.
	Swimmer 5/6	July 25 to 29	10:00 to 10:45 a.m.
	Swimmer 5/6	August 8 to 12	4:10 to 4:55 p.m.
	Swimmer 5/6	August 22 to 26	10:00 to 10:45 a.m.

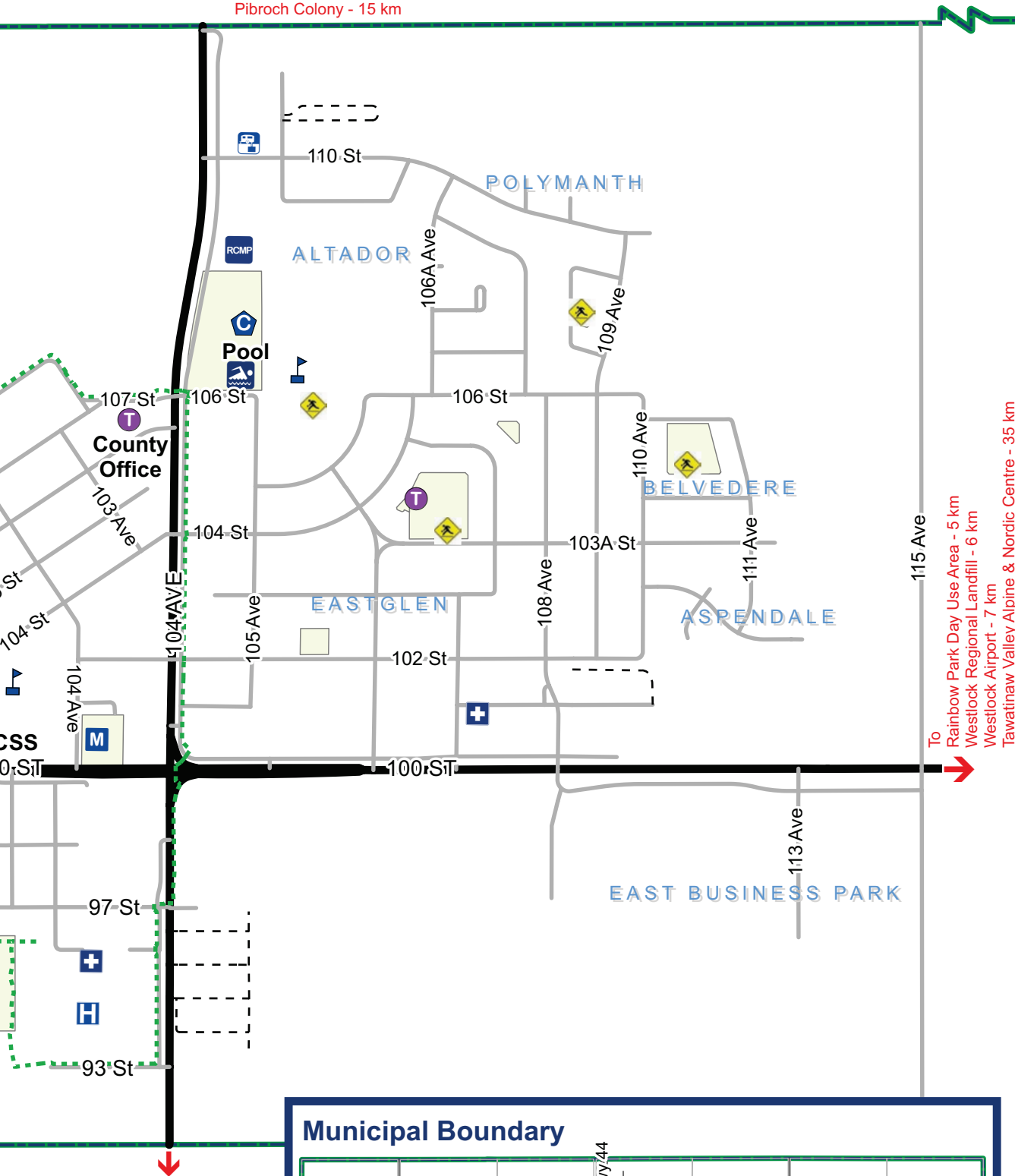
programming subject to change



Legend

	Campground		Library		RCMP Station		Highway
	Cemetery		Municipal		Sani-Dump		Town Road
	Community Hall		Museum		School		Private Road
	Fire Hall		Park		Spirit Centre		Parks
	Health		Playground		Racetrack		Municipal Boundary
	Hospital		Pool		Rotary Trail		

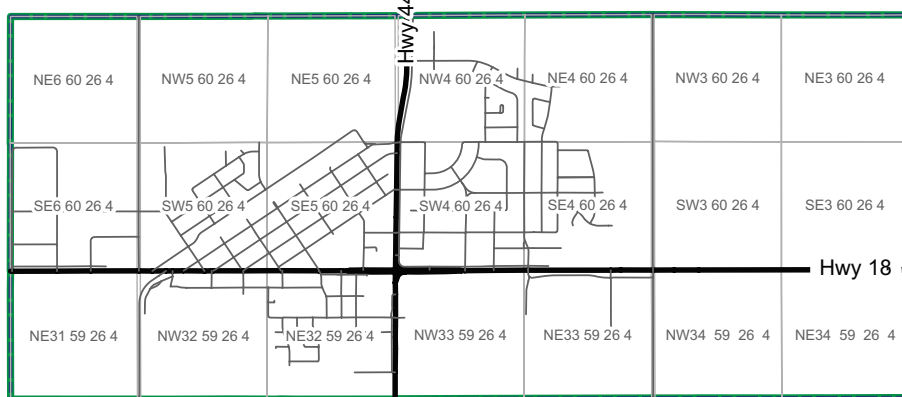
↑
10
Slave Lake - 166 km
Hidden Valley Golf Club - 50 km
Long Island Lake - 43 km
Pibroch Colony - 15 km



To
Rainbow Park Day Use Area - 5 km
Westlock Regional Landfill - 6 km
Westlock Airport - 7 km
Tawatinaw Valley Alpine & Nordic Centre - 35 km

↓
To Edmonton - 85 km

Municipal Boundary



Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

SWIM PATROL: ROOKIE/RANGER/STAR

COST: \$59.50

Develops individual fitness levels through a timed swims and water workouts. Water proficiency skills include: swimming with clothes, ready position, foot-first and head-first surface dives. Demonstrating the ability to conduct a primary assessment and initiating EMS are included as well as other first aid skills. The level order is Rookie Patrol, Ranger Patrol, Star.

Rookie/Ranger/Star			
Summer 2022	Level	Dates	Times
	Rookie/Ranger/Star Patrol	July 4 to 8	4:10 to 4:55 p.m.
	Rookie/Ranger/Star Patrol	July 11 to 15	3:35 to 4:20 p.m.
	Rookie/Ranger/Star Patrol	July 18 to 22	3:35 to 4:20 p.m.
	Rookie/Ranger/Star Patrol	August 15 to 19	4:10 to 4:55 p.m.

SWIM FOR LIFE: ADULT

COST: \$59.50

Whether you're just starting out or just want help with your strokes, our Adult program is for the young at heart - no matter your age. Within the Adult Swimmer curriculum, participants set their own goals to develop water confidence and smooth, recognizable strokes. Water Smart® education is part of all levels. Work with certified instructors to learn to swim or improve your current swimming ability and water fitness.

Swim for Life: Adult			
Summer 2022	Level	Dates	Times
	Adult	July 25 to 29	4:10 to 4:55 p.m.
	Adult	August 22 to 26	4:10 to 4:55 p.m.



Private Swimming Lessons

Private swimming lessons for both adults and youth run weekly but do fill up fast. Please contact the Westlock Aquatic Centre to book your private lessons today!

programming subject to change

Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB, T7P 2E5

Phone: 780-349-6677

LEADERSHIP COURSES

BRONZE MEDALLION: Challenges the candidate both mentally and physically. Judgement, knowledge, skill, and fitness – the four components of water rescue- form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross.
**Minimum of four participants to run course.*

PREREQUISITES: Minimum 13 years of age or Bronze Star certification (*Need not to be current*).

COST: \$140.00

BRONZE CROSS: Begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and leadership certification programs.
**Minimum of four participants to run course.*

PREREQUISITES: Successful completion of Bronze Medallion and a current Alberta Workplace Approved Standard First Aid certification is required.

COST: \$140.00

NATIONAL LIFEGUARD: The National Lifeguard program develops the lifeguarding principles, decision-making, and a mature and responsible attitude towards the lifeguards role. Guards take courses and train in monthly in-services to help evaluate and adapt to different aquatic facilities and emergencies. To remain valid, you must be re certified every two years.
**Minimum of four participants to run course.*

PREREQUISITES: At least 16 years old, finished the Bronze Cross Course, and have Standard First Aid CPR-C or Aquatic Emergency Care (AEC).

COST: \$275.00

Summer 2022	Level	Dates	Times
	Bronze Medallion	July 4,5 July 7, 8	9:00 a.m. to 1:00 p.m.
	Bronze Cross	July 11, 12 July 14,15	12:00 to 5:00 p.m.
	National Lifeguard	July 18 to 22	8:30 a.m. to 4:30 p.m.

programming subject to change

Did you know we have a
VIRTUAL REC ROOM
at the Westlock Aquatic Centre?

Summer rates apply
until Sept 30.

\$20/hour
for all ages

START GAME

1 PLAYER
▶ 2 PLAYERS ◀

Come try out the Virtual Rec Room at the Westlock Aquatic Centre!

The simulator is equipped with golf, soccer, baseball, zombie dodgeball, and more.

You can also bring in your own game console for a theatre style gaming/ movie experience.

For more information or to book your time slot, call us today

780-349-6677!



TRY SOMETHING DIFFERENT THIS SUMMER!

Train to become a lifeguard and gain fitness and stamina, communication skills, self-confidence, leadership skills, understanding of health and safety procedures, and the ability to respond in an emergency.

**REGISTRATIONS
OPEN
JUNE 10**

BRONZE MEDALLION

\$140
July 4 - 5 & July 7 - 8

BRONZE CROSS

\$140
July 11-12 & July 14-15

NATIONAL LIFEGUARD

\$275
July 18 to 22

Contact the Westlock Aquatic Centre today
at 780-349-6677 for information on how to become a lifeguard.

Bronze Medallion 9 a.m. to 1 p.m. | Bronze Cross Noon to 5 p.m.

National Lifeguard 8:30 a.m. to 4:30 p.m.



Westlock Aquatic Centre



SAVE THE DATES

WIBIT Weekends

July 9, Noon to 5 p.m.

July 10, Noon to 5 p.m.

August 20, 1:30 to 5 p.m.

August 21, Noon to 5 p.m.

Teen Nights

June 24 - watch our social media for details

July 22 - watch our social media for details

August 26 - watch our social media for details

Halloween Swim with Haunted House/Teen Night

October 29, 4 to 10 p.m. - watch our Facebook page for details

Christmas Swim

December 16, 4 to 8:30 p.m.

SAVE THE DATE

**Westlock & District FCSS and the Westlock Aquatic Centre
have teamed up to present:**

Teen Nights @ Aquatic Centre

Kick Off to Summer Party

June 24, 6 to 9 p.m.
Presentation from
Alberta Health Services
on addiction & mental health.

Teen Swim Night

July 22, 6 to 8 p.m.
Presentation from
Westlock Aquatic Centre
on water safety.

Indigenous Cultural Night

August 26, 6 to 8 p.m.
Presentation from
Bent Arrow Traditional Healing Society
on Indigenous history & culture.

Registration is required, watch for details on Facebook and our webpages.

www.facebook.com/westlockanddistrictfcss

www.facebook.com/westlockaquaticcentre

www.westlock.ca/p/fcss

24-Hour Gym Westlock Aquatic Centre

10605-104 Avenue, Westlock, AB

Call for details 780-349-6677

**For up-to-date information on pool events, programs, and cancellations or closures,
sign up to receive notifications in the Community Events category.**

Westlock Regional Notification System



voice call



text



email



social media

Register Now

www.westlock.ca/p/westlock-regional-notification-system

GENERAL FACILITY RULES & REGULATIONS

Westlock Aquatic Centre and Westlock Rotary Spirit Centre

Footwear – Only indoor, non-marking shoes will be permitted. No hiking boots, dress shoes, flip flops, open toes or socks will be permitted.

Food & Drink – No food or drink is permitted in the field house, weight rooms, court areas, pool or pool deck or walking track. Water is the only exception, but it must be in a sealed bottle with a lid.

Age Restrictions

Pool – Those 7 years old & younger must be accompanied by a person 15 years old or older at all times. 15 years and older can watch up to 3 children under 8 years old.

Weight Rooms – Must be 14 years old or older for full use of weight room areas. Those 12 & 13 years old may use the cardio equipment only but must be supervised by an adult at all times.

24-Hour Gym - 14 to 17 olds can come with adults but both need valid passes

Field House - Those 8 years old & younger must be accompanied by a person 14 years old or older at all times.

Arena - Those 8 years old & younger must be accompanied by a person 14 years old or older at all times.

Squash/Racquetball Court – Must be 12 years old or older.

Medical Holds – Passes can be put on hold for medical reasons for a maximum of 1 month; a written statement/form from your physician is required.

Equipment Rental

The use of our sporting equipment is FREE with a paid Full Facility Pass or day admission during drop-in leisure times. We do however require that you leave an item as a deposit for the equipment taken (i.e., driver's license, car keys, etc.). Please treat our equipment with respect to help ensure this service will remain in place for all users to come. If you require a lock, they can be rented for \$0.75 and requires a deposit. This service is complimentary for Pass Holders.

Facility Bookings

If interested in renting one of our facilities for a private function, please call the facility that you are interested in booking for pricing and availability information.

The Westlock Rotary Spirit Centre can be reached by phone at 780-349-6654 and the Westlock Aquatic Centre can be reached by phone at 780-349-6677.

Transfers

Transferring to another class will be subject to space availability and programmer's approval. A fee adjustment may be necessary.

Cancellation Terms & Conditions

Programs, events and activities may be cancelled by the Town of Westlock based on the following circumstances:

- insufficient registration
- unforeseen safety consideration
- facility and/or equipment problems or closures
- instructor or facilitator illness and/or unavailability
- program or service materials not available
- inclement weather conditions

If the Town of Westlock cancels a class, a full refund is available by one of the following:

- credit
- cheque (to be mailed to patron)
- transfer into an alternate class (pending space availability & programmer approval)

Non-Medical Withdrawals

A credit or partial refund will be issued up to 48 hours prior to the start date of a program. No refunds or credits will be issued after this time. Unusual circumstances will be considered and will be subject to approval by management. A \$15.00 administration fee will be deducted per program withdrawn from.

Medical Withdrawal

A full refund will be issued with medical documentation, if withdrawal is prior to class commencement. If a class has already commenced a pro-rated refund will be issued with medical documentation.

**Please note: Make-up classes: refunds or credits are not issued for classes missed during a session. Non-attendance in a class does not constitute a withdrawal.*

programming subject to change

Westlock Rotary Spirit Centre

9603-100 Street, Westlock, AB, T7P 1Y1

Phone: 780-349-6654

Regular Hours (effective June 1 to July 3, 2022 and September 6 to July 4, 2023)

Monday to Friday 6 a.m. to 10 p.m.
Saturday and Sunday 8 a.m. to 8 p.m.

Summer Hours (effective July 4 to September 5)

Monday to Friday 8 a.m. to 9 p.m.
Saturday and Sunday 8 a.m. to 8 p.m.

Holiday Hours

Canada Day July 1 8 a.m. to 5 p.m.
Heritage Day August 1 Closed
Labour Day September 5 Noon to 9 p.m.

Facility Features

- Field House
- Arena
- Walking Track
- Weight Room
- Fitness Class Room
- Curling Rink
- Concession
- Meeting Rooms
- Kali's Corner (Children play area)

This playroom is suitable for toddlers and children up to 6 years of age. Children are not to be left unattended, all must be accompanied by a person 14 year of age or older. Admission is \$2.25/child or admittance with valid Family Full Facility pass.

Visit www.westlock.ca for field house and arena schedules.

***Please note schedules are subject to change without notice. ***

Full Facility Rates and Admissions

All drop-in admission rates, facility rental rates and membership pass fees are outlined in the Fees & Rates Bylaw.

Full Facility Memberships

Child (3 to 14 years)

- Drop Ins \$4.05
- 10x Pass \$36.45
- 1 Month Pass \$30.55
- 3 Month Pass \$82.50
- Annual Pass \$245.55

Youth (15 to 17 years) / Student (18+ with a valid student ID) / Senior (60+ years)

- Day Pass \$6.30
- 10x Pass \$56.70
- 1 Month Pass \$47.30
- 3 Month Pass \$127.75
- Annual Pass \$380.25

Adult (18 to 59 years)

- Drop In Pass \$8.10
- 10x Pass \$72.90
- 1 Month Pass \$61.55
- 3 Month Pass \$166.05
- Annual Pass \$495.35

Family

- Drop In \$18.75
- 10x Pass \$168.75
- 1 Month Pass \$141.90
- 3 Month Pass \$383.15
- Annual Pass \$1,140.85

Corporate Rates

- 50x Punch Card \$335.15
- 100x Punch Card \$660.65
- 150x Punch Card \$886.40
- 200x Punch Card \$1,102.50
- 250x Punch Card \$1,281.65

Westlock Rotary Spirit Centre

9603-100 Street, Westlock, AB, T7P 1Y1

Phone: 780-349-6654

Youth Summer Programs

Registration Begins Friday, June 10!

- Register in-person at the Rotary Spirit Centre or online at www.westlock.ca.
- Each participant must submit a completed Town of Westlock Summer Program waiver to guest services at the Westlock Rotary Spirit Centre desk or by email to summerprograms@westlock.ca.
- Individual programs may require additional forms. Ensure you review the descriptions of the individual program.
- Registration is complete when all necessary waivers have been received.

Drop-off:

- All 2022 summer programs activities begin at 9 a.m.
- We cannot accept participants before 8:45 a.m.
- On occasion, we may be able to accommodate an earlier drop-off provided we receive 24-hour advance notice.

Pick-up:

- All Summer Program activities end at 4 p.m., expecting that all children will be picked up by 4:15 p.m.
- If a designated pick up person cannot pick up the child by this time, please contact the Westlock Summer Program Staff at 780-349-6654.
- If a participant is to walk or bike home at the end of a program day, a parent or guardian must notify Summer Program Staff and specify this on the drop off form. We cannot release a participant to walk home unless written or verbal consent is given to a Summer Program Staff member.
- We require a list of all individuals that have permission to pick up the participant. Summer Program Staff will not release a child to individuals not listed on this sheet.
- If an unidentified person shows up to pick up a child, Summer Program Staff will call the parent or guardian on file for confirmation before releasing the child.
- The Town of Westlock will require a printed name and signature from the individual picking up the child before the participant is released.

What you need to bring:

- ✓ Backpack or zippered bag
- ✓ A bagged lunch (peanut-free)
(unless stated in the description of the program)
- ✓ Hat, water bottle, sunscreen, and bug spray
- ✓ Swimsuit and towel if required
(check individual program descriptions)
- ✓ Appropriate footwear
- ✓ Dressed appropriately for forecast weather.
- ✓ Money, if required
(check individual program descriptions)
- ✓ Facemask, if required by provincial regulations
(If required, staff will contact families to discuss)
- ✓ Please do not bring valuables, electronics, or money (unless otherwise stated) to the Summer Program activities

The Town of Westlock will not be responsible for any lost, stolen, or damaged items.

Medications:

Town of Westlock staff will not administer or handle medication. If a medication is necessary during the activity day, please ensure your child can perform the steps required to administer medications.

Please alert Summer Programs staff where the medication is stored, what the medication is, and when the child will need to administer the medication.

programming subject to change

Westlock Rotary Spirit Centre

9603-100 Street, Westlock, AB, T7P 1Y1

July 5: Mad Scientist

Cost: \$32.50

Attention all future scientists! Get ready for lots of science-themed games, crafts, and experiments. We will have lots of fun showing off our mad scientist skills!

July 6: Under the Sea

Cost: \$32.50

Spend the morning with us making crafts and playing games outside. We will then spend the afternoon in the pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

July 7: Rock n Roll

Cost: \$32.50

Calling all rock stars! Join us for a musical day of making a variety of instruments. This is sure to be a fun day filled with dancing and music!

July 11: Around the World

Cost: \$32.50

Have you ever wanted to travel around the world? We will spend the day learning about different countries through games, crafts, and treats.

July 12: Jungle Safari

Cost: \$32.50

Grab your safari hat and join us on a jungle adventure! We will visit with some little jungle friends and make some jungle themed crafts. After playing lots of fun games, you will go home with a jungle treat!

July 13: Mexican Fiesta

Cost: \$32.50

Spend the morning with us making crafts and playing games outside. We will then spend the afternoon in the pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

programming subject to change

Phone: 780-349-6654

July 14: Crazy Critters - Edmonton Zoo

Cost: \$47.50

We are off to the Edmonton Valley Zoo! We will have a fun zoo scavenger hunt to complete as we explore all the animal exhibits.

July 18: Farm Frenzy

Cost: \$32.50

It is time to complete the farmers chores! We will spend the day making lots of farm themed crafts and completing farm theme activities. We may even have some farm friends come for a visit!

July 19: Spy Kids

Cost: \$32.50

Show off your detective and spy skills at our spy training day. Spend a day with us completing fun activities to become a spy!

July 20: Game Show Mania

Cost: \$32.50

Spend the morning playing games based off a variety of popular game shows. We will then spend the afternoon in the swimming pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

July 21: Bowling and a Movie

Cost: \$47.50

Join us in the morning at the Westlock Bowling Alley, where you can show off your bowling skills. In the afternoon we will make our way to the Landmark movie theatre in St. Albert to watch the movie Paws of Fury. There is no need to bring money for the concession because a snack pack (popcorn, pop, choice of candy) is included.

- Drop off at Bowling Alley and pick up will be at the Westlock Rotary Spirit Centre.

July 25: Adventures in the Great Outdoors

Cost: \$32.50

Put your survival skills to the test at our outdoor adventure day! We will spend the day completing many camping and survival tasks. We will end of our day with a tasty camping treat!

Westlock Rotary Spirit Centre

9603-100 Street, Westlock, AB, T7P 1Y1

Phone: 780-349-6654

July 26: Artful Antics

Cost: \$32.50

Show us your artistic side! This day will be filled with crafts and activities that are sure to bring out the artist in everyone. We spend the day painting rocks for the gratitude garden at the hospital, bird houses for the rotary trail, and so much more. We will then end the day off by heading to the St. Mary's playground!

July 27: A Day in Hollywood

Cost: \$32.50

In the morning we will be making our own drive-in movie theatre cars! Then we will sit in them while we enjoy our movie and some popcorn. Later we will head into the pool for an afternoon of fun.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

July 28: Laser Tag

Cost: \$47.50

We will be heading to Laser City in Edmonton for a fun filled day of laser tag! We will then stop at a splash park for some fun in the sun before we make our way back home.

- Please bring a swimsuit and a towel

August 2: Spa and Relaxation

Cost: \$32.50

Join us for a relaxing day at the spa! We will be spending the day making friendship bracelets and necklaces, as well as our own beauty products. During this time of relaxation, we will also be getting our nails and hair done. To finish off the day we will be doing some yoga and playing some games!

August 3: Superhero Day

Cost: \$32.50

All superheroes join us for a morning of superheroes themed games and crafts. We will spend the afternoon in the swimming pool where the fun will continue!

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

August 4: Christmas in August

Cost: \$32.50

Come celebrate Christmas in August! Join us for a festive day making Christmas crafts and treats, playing party games and so much more! A special guest from the north pole may stop by to check his list to see who's been naughty or nice!!

August 8: Junior Gourmet

Cost: \$32.50

Do you love baking or are you a master chef? If yes, then join us for a day in the kitchen making tasty treats! We will have a day filled with crafts, games, and cooking, that is sure to be lots of fun.

- Please inform us of any food allergies prior to the program so we can avoid the use of it in our recipes.

August 9: Amazing Race

Cost: \$32.50

On your mark...Get set...Go! Sign up for a day of challenges as we host our very own Amazing Race! This day will be filled with lots of activities and crafts that will be fun for all the competitors.

August 10: Hawaiian Luau

Cost: \$32.50

We are having a Hawaiian luau! We will be playing lots of games and making lots of crafts before we head into the pool for an afternoon of swimming.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

August 11: Time Travelers

Cost: \$47.50

We are travelling back in time! We will be heading to the Royal Alberta Museum for a day of exploring and fun.

programming subject to change

Westlock Rotary Spirit Centre

9603-100 Street, Westlock, AB, T7P 1Y1

Phone: 780-349-6654

August 15: Charlie & the Chocolate Factory

Cost: \$32.50

Can you find the golden ticket? We will be spending our chocolate themed day making lots of crafts and playing lots of fun games. If you are lucky, you might find the golden ticket at the end of the day.

August 16: Wacky Water Day

Cost: \$32.50

Ready for some fun in the sun! Be prepared to get wet as we spend our day soaking up the sun and playing lots of water games.

- Please bring a swimsuit and a towel

August 17: Paint the Town

Cost: \$32.50

Spend your morning with us drawing with chalk and playing fun games on the playground. In the afternoon we will head inside for some fun in the swimming pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

August 18: Out of this World

Cost: \$47.50

We will head into the city to check out the many exhibits at the Telus World of Science! This day is sure to be lots of fun.

August 22: Mini Olympics

Cost: \$32.50

Everyone to the starting line! Race your way into a fun filled day of mini-Olympic challenges. We will spend the day competing in our own Olympic games, as well as making Olympic themed crafts.

August 23: Disco Party

Cost: \$32.50

Get groovy! In the morning we will be making tie-dyed shirts. Later we will be making all kinds of funky crafts and playing many groovy games. To finish off the day we will be heading over to the St. Mary's playground.

- Please bring a white t-shirt to tie dye.

August 24: Picnic in the Park

Cost: 32.50

Spend a morning in the sun with us playing games on the playground and eating a picnic lunch. We will then spend the afternoon in the swimming pool.

- Please bring a swimsuit and a towel
- Drop-off and pick-up will be at the Westlock Aquatic Centre 10450 106 Street, Westlock

August 25: Corn Maze

Cost: \$47.50

End the summer off by joining us at the Edmonton Corn Maze! It is sure to be a fun filled day exploring all that the corn maze has to offer.



programming subject to change

**DID YOU
KNOW?**

WE HAVE A RECREATION ASSISTANCE PROGRAM?

Modest income residents and families can submit an application to Westlock & District FCSS to determine if they qualify for a 25% or 50% discount on many community programs and services at the Westlock Rotary Spirit Centre, Westlock Aquatic Centre, Summer Programming, and the Community Assistance Bus.

ELIGIBILITY REQUIREMENTS

Assessment

Westlock & District FCSS staff will determine eligibility on a sliding scale depending on household members and income.

Income

Proof of household income is required, such as a CRA Notice of Assessment or others as deemed appropriate.

Residency

Individuals must prove their residency within the Westlock region and service area and have resided there for a minimum of 3 months.

HOW TO APPLY

Call Westlock & District FCSS at 780-349-5900 to book an appointment. You will need to bring the following documents to the appointment:

- Valid identification
- Proof of residency
- Most recent tax return



10007-100 Avenue, Westlock, Alberta Phone: 780-349-5900
www.westlock.ca/p/recreation-assistance-program

If you are a certified Recreation or Fitness Instructor, we want to hear from you!

We want to expand our options for recreation programming to provide programs for all ages, skill levels, and interests.

We are looking for inclusive programs, long-term impacts, and encouraging life-long activity.

**Contact us today at
info@westlock.ca or
call 780-349-6654!**





Alberta
Healthy Living
Program



Join us for free virtual education that supports your health and your life



Group sessions for adults managing:

- ✓ Diabetes
- ✓ Stress
- ✓ Pain
- ✓ COPD
- ✓ Weight
- ...and more!



Ask about our FREE
Supervised Exercise program to help
manage your chronic condition!

1-877-349-5711

www.healthylivingprogram.ca



WESTLOCK PIONEER MUSEUM

Take a step back in time and browse through our exhibits — glimpses into the pioneer lifestyle!

Summer hours:
Tuesday - Saturday, 10 am - 5 pm

Winter hours:
By appointment

Admission by donation

10216 100 St - Westlock, AB

(780) 349-4849

westlockmuseum@yahoo.ca

westlockmuseum.com



@westlockpioneer museum



Westlock Libraries

westlocklibrary.ca

780-349-3060


#1 - 10007 100 Ave

Westlock AB T7P 2H5



More Than You Expect

Once Upon a Time....

Registration for 
Summer Reading Club opens on

June 13, for ages 3-17

Launch Party with crafts, games,
and more on June 14 from

4:00pm - 6:00pm

Programs start July 4!

Call us for more info!



At Westlock Library you can.....

Get a **FREE** library card Access **FREE** public computers / Wi-Fi

Order materials (books / DVD / audio) from all over Alberta



FREE Services in Westlock and Surrounding Area

More info and referral at

780-307-2444 ext. 0 or www.hfalberta.com

Rural Connections Family Resource Network - Hub

The Hub acts as central referral point for families, with children aged 0 -18 years, requesting assistance to build on their strengths and develop strong familial units.

Home Visitation

Offering in-home mentorship, from a dedicated support person, starting as early as pregnancy and extending into the first six years of a child's life.

FASD Mentorship

Mentorship for those who may be prenatally exposed to alcohol, possibly resulting in Fetal Alcohol Spectrum Disorder.

Parent - Child Assistance Program

Supporting women to reduce or stop alcohol and/or drug use during pregnancy; focusing on encouraging healthy pregnancies and lives for women and their children.

Thrive Outreach

Supporting individuals impacted by abusive relationships to evaluate personal safety and create safety plans. We provide emotional support while encouraging the realization of individualized goals.

Westlock Family Connections

Opportunities for caregivers to gain the skills to support their children in their social, emotional, physical, and intellectual growth and development.



Our Vision: Resilient Individuals Resourceful Families Responsive Communities

CANADIAN TRACTOR MUSEUM



9704-96 Avenue | 780-349-3353
www.canadiantractormuseum.ca

Home of the world's largest weather vane and a vast collection of vintage tractors and implements, steam tractor engines, and stationary engines.

Prepare to be impressed as you tour our rare and unusual exhibits that showcase the evolution of farming in Canada and the world.

Summer Hours

May long weekend to
September long weekend
10 a.m. to 5 p.m.

Winter Hours

Tuesdays and Wednesdays
10 a.m. to 3 p.m.

We also open upon request for tours, gift shop shopping, and other events.

For more information on the **Canadian Tractor Museum**, visit our website at www.canadiantractormuseum.ca or call 780-349-3353.



**1 BEDROOM & STUDIO
SUITES AVAILABLE
ASK ABOUT OUR
MOVE IN INCENTIVE**

**CALL TODAY
TO BOOK A TOUR!
780.349.3600**

**Join the Pembina Community today and
experience, safe, fun, and carefree living**

Pembina Lodge
Seniors Community Living
10247 104 Street, Westlock

WESTLOCK FIRE RESCUE

JOIN OUR TEAM

We Teach. We Train. We Serve Together.



Your Community Needs Firefighters












Volunteer | Train | Make a Difference




















Westlock Fire Department, 10003-106 Street, Westlock
www.westlock.ca/p/fire-department 780-350-2114







2022









WASTE, RECYCLE, ORGANIC SCHEDULE











JANUARY						
S	M	T	W	T	F	S
						1
2		4		6	7	8
9		11		13	14	15
16		18		20	21	22
23		25		27	28	29
30						









FEBRUARY						
S	M	T	W	T	F	S
		1		3	4	5
6		8		10	11	12
13		15		17	18	19
20		22		24	25	26
27						

MARCH						
S	M	T	W	T	F	S
		1		3	4	5
6		8		10	11	12
13		15		17	18	19
20		22		24	25	26
27		29		31		








APRIL						
S	M	T	W	T	F	S
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10	11	12		14	15	16
17		19		21	22	23
24		26		28	29	30









MAY						
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1	2	3			6	7
8	9	10			13	14
15	16	17			20	21
22	23	24			27	28
29	30	31				

JUNE						
S	M	T	W	T	F	S
					3	4
5	6	7			10	11
12	13	14			17	18
19	20	21			24	25
26	27	28				









JULY						
S	M	T	W	T	F	S
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3	4	5			8	9
10	11	12			15	16
17	18	19			22	23
24	25	26			29	30
31						

AUGUST						
S	M	T	W	T	F	S
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7	8	9			12	13
14	15	16			19	20
21	22	23			26	27
28	29	30				

SEPTEMBER						
S	M	T	W	T	F	S
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4	5	6			9	10
11	12	13			16	17
18	19	20			23	24
25	26	27			30	

OCTOBER						
S	M	T	W	T	F	S
						1
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16	17	18			21	22
23	24	25			28	29
30	31					

NOVEMBER						
S	M	T	W	T	F	S
		1			4	5
6	7	8			11	12
13	14	15			18	19
20	21	22			25	26
27	28	29				

DECEMBER						
S	M	T	W	T	F	S
					2	3
4	5	6			9	10
11	12	13			16	17
18	19	20			23	24
25	26	27			30	31



Wednesdays
Thursdays
Thursdays

*April through November weekly
December through March monthly

 **Waste**
 **Recycling**
 ***Organics**



DO YOU KNOW WHEN TO CALL 9-1-1?

CALL 9-1-1 WHEN:

- There's a fire
- Someone has passed out
- Someone suddenly seems very sick and is having a hard time speaking or breathing or turns blue
- Someone is choking
- You see a crime happening, like a break-in
- You are in or see a serious car accident

Give the operator all the information you can about the emergency and how it happened.

*A message from the
Town of Westlock Fire Department.*



10003-106 Street, Westlock, AB
780-350-2114

SAVE THE DATE:

August 6 & 7, 2022

TOWN WIDE GARAGE SALE

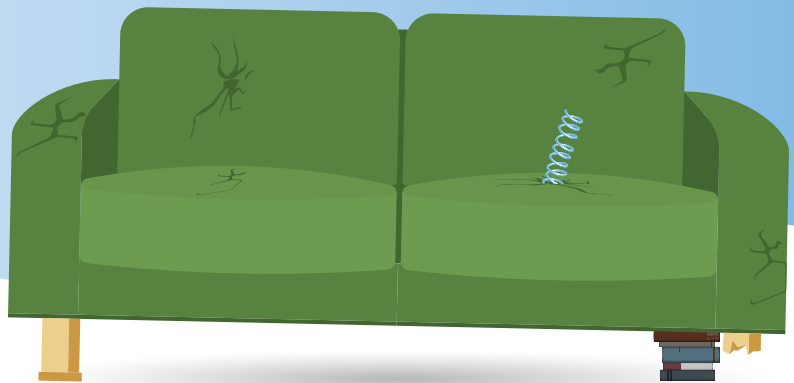
contact: info@westlock.ca

www.westlock.ca/p/festivals-and-events



TOWN OF
Westlock

Are you wondering what to
do with broken furniture,
appliances or non-reusable
large household items?



Large Item Pick Up

September 7 and 8, 2022

Want to register for programs?
 Need to make a payment?
 Have a question about renovations?
 Want to report a pothole?
 Wondering what's happening?
 New to Town?
 Looking for a local business?
 All that and more can be found at
www.westlock.ca

Did you know?

You can add your events to the Local Notices and Community Calendar at
www.westlock.ca.



Utility Bill

Get \$1/monthly credit on your utility bill when you sign up for e-billing.

Download the utilities registration form at bit.ly/2MH8f6f.

To register, email finance@westlock.ca with the subject line **register for e-bill**. Then in the body of the email include the name on the account, service address, account number, owner's phone number(s) and email address for bill delivery.

Tax Notices & Assessment Notices

You can now sign up to receive Tax Notices & Assessment Notices electronically.

For more information, contact us at 780-349-4444.



TOWN OF

Westlock

A Community with Spirit!